



Alzheimer's New Jersey®



A CAREGIVER WELLNESS MORNING

At Olde Mill Inn

22nd
October | THURSDAY | 9:30am-
12:00pm

Wellness. Relaxation. Connection.

225 US-202, BASKING RIDGE, NJ 07920

Are you caring for a loved one with dementia?
Alzheimer's New Jersey invites you to a FREE event
highlighting self-care, relaxation, and connection.

Immerse yourself in wellness, workshops, connect
with fellow caregivers, and prioritize your wellbeing.
Includes continental breakfast.

Registration is required.

Call 888-280-6055 or visit us at alznj.org

