

Alzheimer's Awareness Ideas for Faith Communities

1. Invite a member of your congregation who has been affected by Alzheimer's disease to speak during a service.
2. Include a link to the Alzheimer's New Jersey website www.alznj.org in your bulletin, newsletter and other communication channels where people can access information about dementia.
3. Add the following to prayers:

Dear God, we ask that you bring strength, courage and comfort to those who suffer from Alzheimer's, and for their family, friends and caregivers. Amen.
4. Have a brief moment of silence to recognize those in your faith community facing Alzheimer's disease.
5. Make a connection with those in your faith community facing Alzheimer's disease. This includes a phone call or visit, a trip to the grocery store, or bringing a meal to the home.
6. Share our Helpline number with those in need. (888-280-6088)
7. Participate in one of our community education programs.
8. Refer a caregiver to one of our support groups.
9. Explore volunteer opportunities with Alzheimer's New Jersey®.
10. Support and/or participate in one of our fundraising events.
11. Advocate for additional Alzheimer's disease research funding as well as legislation to support caregivers.

12. Inform your congregation by speaking about Alzheimer's, hosting educational events and sharing resources.
13. Host a support group for caregivers and family members.
14. Invite those with early-stage Alzheimer's to join activities or volunteer for tasks which bring them satisfaction.
15. Engage youth program participants as volunteers for Alzheimer's-related programs.
16. Encourage participation in registries and clinical studies.

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