



Alzheimer's New Jersey®

Preparing for the Hospital Checklist

Important Documents:

- ☐ Photo ID
- ☐ Health Insurance Card
- ☐ List of Emergency Contacts
- ☐ List of Allergies
- ☐ List of Medications, Vitamins and Supplements with their Dosages
- ☐ Advance Directives (Living Will, Healthcare POA, POLST, DNR)

Keep multiple copies of these important documents
in a folder so they are easily accessible

Personal Items and Supplies:

- ☐ Toiletries (glasses, face wash, etc.)
- ☐ Comfortable Clothing (pajamas, bathrobe, socks)
- ☐ Reading Materials
- ☐ Blanket and Pillow from Home
- ☐ Cell Phone and Charger
- ☐ Medical Equipment (CPAP, inhaler, dentures, hearing aids)
- ☐ Radio
- ☐ Pictures of Loved Ones

www.alznj.org / Helpline: 888-280-6055

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Talking with the Hospital Team

You can use this tool to remind yourself of important information to communicate with the hospital team that is providing care for your loved one with Alzheimer's disease or other type of dementia. When talking with the hospital's nurses, social workers, and other staff, you can share this information on how they can best interact and communicate with your loved one. Keep a copy for your records and have another copy with you to reference at the hospital.

Personal Information:

The person with dementia's preferred name:

Languages:

Any communication difficulties:

Is it best to avoid a lot of questions? Yes No

Is the person able to use a call button? Yes No

Medication:

Does the person take their medication easily: Yes No

If no, what strategies work? (Crushed, Mixed with food, etc.)

What type of fluid does the person drink to swallow their medication?

Does the person use a straw?

Behavior/Mood:

Has the person ever been disoriented during a hospitalization:

Yes No Describe:

Are you concerned the person may wander?

Does the person express their needs verbally?

Does the person get agitated or aggressive? Yes No

If yes, what conversation topics or strategies help calm or comfort them?