

## Feeling overwhelmed by caregiving responsibilities?

Our Respite Care and  
Wellness Program can help.

The program provides family  
caregivers with information and  
education about the importance of  
regular time-off from caregiving and  
helps link them to available  
community-based respite  
care resources.

\$1,000 scholarships  
help defray the costs of  
respite services for New Jersey  
family caregivers.

To learn more about our  
program please call

**888-280-6055**  
**alznj.org®**

### The Respite Care and Wellness Program application guidelines:

- ♦ The primary caregiver and the person with dementia must live together in the state of New Jersey
- ♦ The primary caregiver must be a United States citizen.
- ♦ A physician must certify that the person receiving care has Alzheimer's disease or another dementia.
- ♦ The caregiver must agree to spend the \$1,000 on qualified respite services.