

# Alzheimer's New Jersey<sup>®</sup>

## *Programs, Services and Volunteer Opportunities*

**Helpline (888 - 280 - 6055)** is a professionally staffed, toll-free contact center that provides callers with confidential and personalized in-depth guidance about Alzheimer's disease and dementia to assist with planning, problem solving, referrals to community resources and emotional support.



**The Respite Care and Wellness Program** Caring for someone with Alzheimer's can be emotionally and physically exhausting, and span a period of years. Our Respite Care and Wellness program is designed to provide family caregivers with information and education about the importance of regular time-off from caregiving, and help link them to available community-based respite care resources. We also provide a financial scholarship of \$1,000 to help offset the expense associated with respite care services.

**Family Support Group Programs** are always free and open to the community. The groups provide families and caregivers with the emotional support and education they need to better understand Alzheimer's disease and related dementia disorders. Our support group facilitators receive specialized training about Alzheimer's disease and dementia and group facilitation, as well as ongoing support and evaluation.

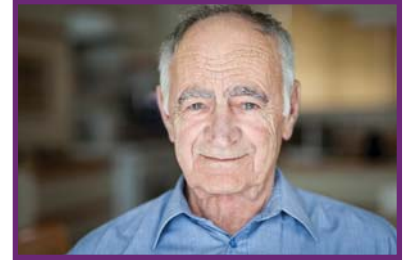


**Community and Professional Education and Training** Education and training is the core of our mission. We are dedicated to providing education and training to individuals and families, healthcare providers, and all the various business and public and community agencies throughout New Jersey. We offer programs throughout the year in a variety of community and professional venues, including an annual Education and Research Conference where leading experts in the field of Alzheimer's disease speak to New Jersey physicians and healthcare providers.

# Alzheimer's New Jersey<sup>®</sup>

---

**Clinical Trial Connections<sup>®</sup> Program** Clinical research trials test new ways to detect, treat and prevent Alzheimer's disease and dementia. Clinical trials offer the opportunity for individuals to participate in studies, while also helping others through the advancement of research. Recruiting and retaining clinical trial participants is one of the greatest obstacles to developing the next generation of Alzheimer's treatments. The Clinical Trial Connections Program helps individuals and families interested in participating in a clinical trial find out more about available trial programs in and around the communities where they live.



**Always Safe<sup>®</sup>** is a safety awareness and promotion program designed for individuals with Alzheimer's disease and dementia who have a greater personal safety risk due to their impairment in memory and cognition. Always Safe provides individuals and families with educational information and resources about home and personal safety, and provides professional education and training about Alzheimer's and dementia to New Jersey law enforcement and emergency first-responders.

---

**Volunteer Opportunities** Volunteers are the key to our success. There are many opportunities for you to contribute your time and talent in a way that truly makes a difference in the lives of those who are affected by Alzheimer's disease and dementia.

- ◆ **Community Outreach** — Raise awareness about Alzheimer's disease and our programs and services at Health and Wellness fairs and community events.
  - ◆ **Advocacy** — Join our advocates as they organize letter-writing campaigns, speak to legislators, phone interested individuals, and more.
  - ◆ **Special Events** — Assist at fundraising events, conferences, and educational sessions. Join a committee and help us raise funds.
  - ◆ **Office Assistance** — Assist with the tasks that help our office run effortlessly - mailings, phone calls, data entry and more.
  - ◆ **Host Your Own Benefit Event** — Host your own event to raise funds and awareness for Alzheimer's New Jersey.
- 

**888-280-6055 | [alznj.org](http://alznj.org)<sup>®</sup>**