Family Support Group Meeting Schedule

IMPORTANT NOTE: Please call the number listed for the group before attending, as schedules can vary (e.g. inclement weather).

Family Support Groups are always free and open to the community. Support groups provide families and caregivers with the emotional support and education they need to better understand Alzheimer's disease and dementia. Support groups are designed for families and friends. Attendance is not recommended for persons with dementia.

Our volunteer support group facilitators receive specialized training about Alzheimer's disease and group facilitation techniques, as well as ongoing support and evaluation.

Solicitation of support group facilitators and members to promote specific products and services is not permitted.

Visit www.alznj.org/services/family-support-groups/ for the most current Family Support Group Schedule.

Atlantic Bergen Burlington Camden Cape May Cumberland Essex Gloucester Hudson Hunterdon Mercer Middlesex Monmouth Morris Ocean Passaic Salem Somerset Sussex Union Warren

Bergen County

LOCATION	CONTACT	DAY	TIME	PHONE #
ORADELL				
Alzheimer's New Jersey 800 Kinderkamack Road, Suite 204N Oradell, NJ 07647	Elaine Winter	2nd Monday	1:00pm	201.261.6009
PARAMUS				
Brookdale Assisted Living 186 Paramus Road Paramus, NJ 07652	Fred Meyer Vivian Green Korner	1st Wednesday	7:00pm	201.797.3421 973.581.1800
The Kraft Center (Valley Hospital) 15 Essex Road Paramus, NJ 07652	Shelley Steiner	2nd Wednesday*	7:00pm	888.280.6055

LOCATION	CONTACT	DAY	TIME	PHONE #
ROCKLEIGH				
Jewish Home at Rockleigh 10 Link Drive Rockleigh, NJ 07647	Shelley Steiner	1st Wednesday	10:00am	888.280.6055
TENAFLY				
JCC on the Palisades 411 East Clinton Ave. Tenafly, NJ 07670	Judi Nahary Marlene Ceragno	2nd Thursday 4th Tuesday	10:30am 10:30am	201.569.7900 ext. 439
WYCKOFF				
Christian Health Care Center Building 1, Conference Room 301 Sicomac Avenue Wyckoff, NJ 07481	Daisy Guillen	1st Tuesday	12:00pm	201.848.5830

NOTE**: In June, the Paramus group meeting at **Kraft Center** will meet on the *first* Wednesday, ***June 5.

BACK TO TOP

Essex County

LOCATION	CONTACT	DAY	TIME	PHONE #
LIVINGSTON				
Jewish Family Service of MetroWest NJ 570 West Mount Pleasant Ave, Suite 106 Livingston, NJ 07039	Alyson Kaplan	Last Tuesday	1:00pm	973.765.9050
WEST CALDWELL				
Crane's Mill Continuing Care Retirement Community Towne Square Conference Room 459 Passaic Avenue West Caldwell, NJ 07006	Claire Akselrad	3rd Tuesday	7:00pm	973.464.0595

BACK TO TOP

Hunterdon County

LOCATION	CONTACT	DAY	TIME	PHONE #
FLEMINGTON				
Hunterdon Regional Community Health Meeting Room C 215 Route 31 Flemington, NJ 08822	Jen Kucsan Erinn Nakahara	2nd Wednesday	7:00pm	908.788.6401 ext. 3002
LEBANON				
Lebanon Reformed Church Skunk House 18B Maple Street Lebanon, NJ 08833	Pam Molnar	3rd Tuesday	1:30pm	908.268.1495

BACK TO TOP

Mercer County

LOCATION	CONTACT	DAY	TIME	PHONE #
HAMILTON				
RWJ Fitness & Wellness Center 3100 Quakerbridge Road Hamilton, NJ 08619	Steve Guarino	3rd Wednesday	6:00pm	609.396.6788
HOPEWELL				
Capital Health Medical Center – Hopewell (MCH Conference Room) One Capital Way Pennington, NJ 08534 **Complimentary valet parking and refreshments are provided**	Lori Rahn Lauren Wilson	2nd Tuesday	2:00pm	609.537.7157

BACK TO TOP

Middlesex County

LOCATION	CONTACT	DAY	TIME	PHONE #
EAST BRUNSWICK				
Alzheimer's New Jersey 197 Route 18, Suite 308 North East Brunswick, NJ 08816	Mary Anne Ross	3rd Wednesday	12:00pm	888.280.6055
EDISON				
JFK Adult Medical Day Program 3 Progress Street Edison, NJ 08820	Mary Buglio Michelle Charme	1st Saturday	10:30am	908.912.1910
Spouses Support Group COPSA 100 Metroplex Drive Edison, NJ 08820	Mary Catherine Lundquist	1st and 3rd Monday	9:30am	800.424.2494
HIGHLAND PARK				
Parker Adult Day Center – Highland Park 443 River Road Highland Park, NJ 08904	Samara Elias Heather Roman	2nd Tuesday 3rd Wednesday	7:00pm 2:00pm	732.565.2434
MONROE TOWNSHIP				
Monroe Senior Center 12 Halsey Reed Road Monroe Township, NJ 08831	Saswati Chakraborty Cheryl Basse	4th Wednesday	2:00pm	848.667.9104 609.860.8157
Parker Adult Day Center – Monroe 200 Overlook Drive Monroe Township, NJ 08831	Victoria Proto	2nd Tuesday*	10:00am	609.655.6853

***NOTE:** The group that meets at Parker Adult Day Center in **Monroe** will meet on ***Thursday*, June 13** for 2019.

BACK TO TOP

Monmouth County

LOCATION	CONTACT	DAY	TIME	PHONE #
FREEHOLD				
Younger-Onset (*Diagnosed age 65 or younger*) CentraState Medical Center Tobias Ambulatory Campus, Conf. Room C 901 West Main Street Freehold, NJ 07728	Cathy Black Saswati Chakraborty	3rd Saturday	10:00am	732.371.4383 848.667.9104
MANALAPAN				
Chelsea at Manalapan 445 Rt. 9 South Manalapan, NJ 07726	Fred Whitehurst	1st Tuesday	6:00pm Light Dinner	732.972.6200
RED BANK				
We Care Adult Care Union Square Plaza—552A Highway 35 South Red Bank, NJ 07701	Kelli Desmond	2nd Tuesday	10:00am	732.741.7363
WALL				
Allaire Care 1979 Route 34 South Wall, NJ 07719	Jean Jurik Robin Henry	Last Thursday	6:00pm	732.974.7666

BACK TO TOP

Alzheimer's New Jersey®

Morris County

LOCATION	CONTACT	DAY	TIME	PHONE #
BOONTON				
Friendship House at St. Clare's Boonton Campus Executive Dining Room 130 Powerville Road Boonton, NJ 07705	Mayelin Ravello	3rd Wednesday	3:00pm	973.451.4152
DENVILLE				
Saint Clare's Denville Hospital Urban Auditorium 25 Pocono Road Denville, NJ 07834	Siobhan Flynn-Higgins	3rd Monday	10:00am	973.765.9050
MORRISTOWN				
Male Caregivers Group 111 Madison Ave (4th Floor Conference Room) Morristown, NJ 07962	Peter Flemming	1st Thursday*	7:00pm	973.214.1572
MORRISTOWN				
Younger-Onset (*Diagnosed age 65 or younger*) Morristown Medical Center—Outpatient Medicine 435 South Street Morristown, NJ 07960	Suzanne Lyon Kerry Jordan	1st Saturday	9:30am	973.580.0697
POMPTON PLAINS				
Atlantic Health Pavilion Second Floor Conference Room 242 West Parkway Pompton Plains, NJ 07444	Eileen Port JoAnn Karas	2nd Wednesday *(No meetings July, August)*	7:00pm	973.831.5367
ROCKAWAY				
Morristown Medical Center Health Pavilion (3rd Floor Community Room) 333 Mt. Hope Avenue Rockaway, NJ 07866	Siobhan Flynn-Higgins	3rd Thursday	1:00pm	973.765.9050

***NOTE:** The **Male Caregivers** group *will not* meet on **July 4**, but rather will meet **July 11**. The **August 1** meeting has also *moved* to **August 8**.

BACK TO TOP

Ocean County

LOCATION	CONTACT	DAY	TIME	PHONE #
BRICK				
Active Day of Brick 2125 Route 88 Brick, NJ 08724	Jane Kirby	2nd Thursday	6:30pm	908.309.2583 732.899.1331
JACKSON				
Ocean County Library – Jackson Branch 2 Jackson Drive Jackson, NJ 08527	Linda Lafer	2nd and 4th Wednesdays*	10:00am	973.586.4300
WEST CREEK				
Meridian Fitness & Wellness Center 700 Route 9 South West Creek, NJ 08092	Debra Shar	1st Monday	1:00pm	609.978.3574
WHITING				
The Pines at Whiting 509 Rt. 530 Whiting, NJ 08759	Jane Kirby	1st Friday	1:30pm	908.309.2583

NOTE**: The group that meets in **Jackson *will not have a meeting on **June 12**, nor **June 25**, 2019, but will instead meet on **Tuesday, June 25 at 10am** as the only meeting in June.

BACK TO TOP

Passaic County

LOCATION	CONTACT	DAY	TIME	PHONE #
CLIFTON				
Daughters of Miriam 155 Hazel Street Clifton, NJ 07011	Michele Panico Caitlyn Winkler	3rd Thursday	1:00pm	973.253.5328 973.253.5738
WAYNE				
Christian Health Care Center of Wayne 478 Valley Road Wayne, NJ 07470	Amanda Zunick	2nd Wednesday	1:00pm	973.305.9155

BACK TO TOP

Somerset County

LOCATION	CONTACT	DAY	TIME	PHONE #
HILLSBOROUGH				
Avalon Assisted Living at Hillsborough 393 Amwell Road Hillsborough, NJ 08844	Laura Paredes	1st Monday	5:00pm	908.874.7200
RWJ Physician Enterprise Urgent Care 751 Route 206, Suite 100 (between Homestead Road and Raider Blvd.) Hillsborough, NJ 08844	Denise Goldstein	2nd Tuesday	1:00pm	732.563.9056
NEWTON				
Newton Medical Center Romano Conf. & Education Center, Room 100 175 High Street Newton, NJ 07860	Barbara Van Nortwick	4th Saturday	10:00am	973.579.8600

BACK TO TOP

Union County

LOCATION	CONTACT	DAY	TIME	PHONE #
ELIZABETH				
Jewish Family Services Cafe Europa/Library Room 655 Westfield Avenue Elizabeth, NJ 07208	Alice Greenberg-Sheedy	1st Friday	10:00am	908.352.8375
SUMMIT				
Overlook Medical Center 99 Beauvoir Avenue at Sylvan Rd. Summit, NJ 07902	Laura Holly-Dierbach	4th Thursday	7:00pm	973.845.6777
UNION				
WISE Adult Day Services United Methodist Church 2095 B Berwyn Street Union, NJ 07083	Kerry Jordan Susan Butler	3rd Wednesday	6:00pm	908.687.2995
WESTFIELD				
Presbyterian Church in Westfield 140 Mountain Avenue Westfield, NJ 07090	Alice Greenberg-Sheedy	3rd Friday	10:00am	908.352.8375

BACK TO TOP

Warren County

LOCATION	CONTACT	DAY	TIME	PHONE #
WASHINGTON				
Washington Public Library 20 West Carlton Avenue Washington, NJ 07882	Cherilyn Porkorny	3rd Saturday*	11:00am	973.568.5953

***NOTE:** For the month of June in 2019, **t**he group that meets at **Washington Public Library** will meet on the *fourth* Saturday: **June 22**.

BACK TO TOP