

Family Support Group Meeting Schedule

IMPORTANT NOTE: Please call the number listed for the group before attending, as schedules can vary (e.g. inclement weather).

Family Support Groups are always free and open to the community. Support groups provide families and caregivers with the emotional support and education they need to better understand Alzheimer's disease and dementia. Support groups are designed for families and friends. Attendance is not recommended for persons with dementia.



Our volunteer support group facilitators receive specialized training about Alzheimer's disease and group facilitation techniques, as well as ongoing support and evaluation.

Solicitation of support group facilitators and members to promote specific products and services is not permitted.

Visit www.alznj.org/services/family-support-groups/ for the most current Family Support Group Schedule.

Atlantic **Bergen** Burlington Camden Cape May Cumberland **Essex** Gloucester Hudson **Hunterdon** Mercer
Middlesex **Monmouth** **Morris** Ocean Passaic Salem **Somerset** **Sussex** Union Warren

Bergen County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
|--|-----------------|---|--------|-----------------------|
| DUMONT | | | | |
| <i>Spouses Support Group</i> Northern Valley Adult Day Health Center 2 Park Avenue Dumont, NJ 07628 | Nancy Bortinger | 1 st & 3 rd Mondays | 3:30pm | 201.385.4400 x3086 |
| <i>Adult Children Support Group</i> Northern Valley Adult Day Health Center 2 Park Avenue Dumont, NJ 07628 | Nancy Bortinger | 1 st & 3 rd Mondays | 5:30pm | 201.385.4400 x3086 |

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| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| ORADELL | | | | |
| Alzheimer's New Jersey 690 Kinderkamack Road, Suite 100 Oradell, NJ 07649 | Elaine Winter | 2 nd Monday | 1:00pm | 201.261.6009 |
| PARAMUS | | | | |
| Brookdale Assisted Living 186 Paramus Road Paramus, NJ 07652 | Fred Meyer Vivian Green Korner | 1 st Wednesday | 7:00pm | 201.797.3421 973.581.1800 |
| The Kraft Center (Valley Hospital) 15 Essex Road Paramus, NJ 07652 | Shelley Steiner | 2 nd Wednesday* | 7:00pm | 888.280.6055 |
| ROCKLEIGH | | | | |
| Jewish Home at Rockleigh 10 Link Drive Rockleigh, NJ 07647 | Shelley Steiner | 1 st Wednesday** | 10:00am | 888.280.6055 |
| TENAFLY | | | | |
| JCC on the Palisades 411 East Clinton Ave. Tenafly, NJ 07670 | Judi Nahary Marlene Ceragno | 2 nd Thursday 4 th Tuesday | 10:30am 10:30am | 201.569.7900 ext. 439 |
| WYCKOFF | | | | |
| Christian Health Care Center Building 1, Conference Room 301 Sicomac Avenue Wyckoff, NJ 07481 | Kerri Sherer | 1 st Tuesday | 12:00pm | 201.848.5830 |

*NOTE: In June, the Paramus group meeting at **Kraft Center** will meet on the *first* Wednesday, **June 5**.

NOTE: In May, the group that meets at the **Jewish Home will meet on the *second* Wednesday, **May 8**.


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Essex County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| LIVINGSTON | | | | |
| Jewish Family Service of MetroWest NJ 570 West Mount Pleasant Ave, Suite 106 Livingston, NJ 07039 | Alyson Kaplan | Last Tuesday | 1:00pm | 973.765.9050 |
| WEST CALDWELL | | | | |
| Crane's Mill Continuing Care Retirement Community Towne Square Conference Room 459 Passaic Avenue West Caldwell, NJ 07006 | Claire Akselrad | 3 rd Tuesday | 7:00pm | 973.464.0595 |


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Hunterdon County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
|---|------------------------------|---------------------------|--------|---------------------------|
| FLEMINGTON | | | | |
| Hunterdon Regional Community Health Meeting Room C 215 Route 31 Flemington, NJ 08822 | Jen Kucsan Erinn Nakahara | 2 nd Wednesday | 7:00pm | 908.788.6401 ext. 3002 |
| LEBANON | | | | |
| Lebanon Reformed Church Skunk House 18B Maple Street Lebanon, NJ 08833 | Pam Molnar | 3 rd Tuesday | 1:30pm | 908.268.1495 |


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Mercer County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| HAMILTON | | | | |
| RWJ Fitness & Wellness Center 3100 Quakerbridge Road Hamilton, NJ 08619 | Steve Guarino | 3 rd Wednesday | 6:00pm | 609.396.6788 |
| HOPEWELL | | | | |
| Capital Health Medical Center – Hopewell (MCH Conference Room) One Capital Way Pennington, NJ 08534 <i>*Complimentary valet parking and refreshments are provided*</i> | Lori Rahn Lauren Wilson | 2 nd Tuesday | 2:00pm | 609.537.7157 |


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Middlesex County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
|---|--------------------------------|---|---------|--------------|
| EAST BRUNSWICK | | | | |
| Alzheimer's New Jersey 197 Route 18, Suite 308 North East Brunswick, NJ 08816 | Mary Anne Ross | 3 rd Wednesday | 12:00pm | 888.280.6055 |
| EDISON | | | | |
| JFK Adult Medical Day Program 3 Progress Street Edison, NJ 08820 | Mary Buglio Michelle Charme | 1 st Saturday | 10:30am | 908.912.1910 |
| <i>Spouses Support Group</i> COPSA 100 Metroplex Drive Edison, NJ 08820 | Mary Catherine Lundquist | 1 st and 3 rd Monday | 9:30am | 800.424.2494 |


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| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| HIGHLAND PARK | | | | |
| Parker Adult Day Center – Highland Park 443 River Road Highland Park, NJ 08904 | Samara Elias Heather Roman | 2 nd Tuesday 3 rd Wednesday | 7:00pm 2:00pm | 732.565.2434 |
| MONROE TOWNSHIP | | | | |
| Monroe Senior Center 12 Halsey Reed Road Monroe Township, NJ 08831 | Saswati Chakraborty Cheryl Basse | 4 th Wednesday | 2:00pm | 848.667.9104 609.860.8157 |
| Parker Adult Day Center – Monroe 200 Overlook Drive Monroe Township, NJ 08831 | Victoria Proto | 2 nd Tuesday | 10:00am | 609.655.6853 |


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Monmouth County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| FREEHOLD | | | | |
| <i>Younger-Onset (Diagnosed age 65 or younger)</i> CentraState Medical Center Tobias Ambulatory Campus, Conf. Room C 901 West Main Street Freehold, NJ 07728 | Cathy Black Saswati Chakraborty | 3 rd Saturday | 10:00am | 732.371.4383 848.667.9104 |
| MANALAPAN | | | | |
| Chelsea at Manalapan 445 Rt. 9 South Manalapan, NJ 07726 | Fred Whitehurst | 1 st Tuesday | 6:00pm Light Dinner | 732.972.6200 |


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| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| RED BANK | | | | |
| We Care Adult Care Union Square Plaza—552A Highway 35 South Red Bank, NJ 07701 | Kelli Desmond | 2 nd Tuesday | 10:00am | 732.741.7363 |
| WALL | | | | |
| Allaire Care 1979 Route 34 South Wall, NJ 07719 | Jean Jurik Robin Henry | Last Thursday | 6:00pm | 732.974.7666 |


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Morris County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| BOONTON | | | | |
| Friendship House at St. Clare's Boonton Campus Executive Dining Room 130 Powerville Road Boonton, NJ 07705 | Mayelin Ravello | 3 rd Wednesday | 3:00pm | 973.451.4152 |
| DENVILLE | | | | |
| Saint Clare's Denville Hospital Urban Auditorium 25 Pocono Road Denville, NJ 07834 | Siobhan Flynn-Higgins | 3 rd Monday | 10:00am | 973.765.9050 |
| MORRISTOWN | | | | |
| <i>Male Caregivers Group</i> 111 Madison Ave (4 th Floor Conference Room) Morristown, NJ 07962 | Peter Flemming | 1 st Thursday | 7:00pm | 973.214.1572 |


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| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| MORRISTOWN | | | | |
| <i>Younger-Onset (Diagnosed age 65 or younger)</i> Morristown Medical Center—Outpatient Medicine 435 South Street Morristown, NJ 07960 | Suzanne Lyon Kerry Jordan | 1 st Saturday | 9:30am | 973.580.0697 |
| POMPTON PLAINS | | | | |
| Atlantic Health Pavilion Second Floor Conference Room 242 West Parkway Pompton Plains, NJ 07444 | Eileen Port JoAnn Karas | 2 nd Wednesday <i>(No meetings July, August)</i> | 7:00pm | 973.831.5367 |
| ROCKAWAY | | | | |
| Morristown Medical Center Health Pavilion (3 rd Floor Community Room) 333 Mt. Hope Avenue Rockaway, NJ 07866 | Siobhan Flynn- Higgins | 3 rd Thursday | 1:00pm | 973.765.9050 |


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Ocean County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
|---|-------------|---|---------|------------------------------|
| BRICK | | | | |
| Active Day of Brick 2125 Route 88 Brick, NJ 08724 | Jane Kirby | 2 nd Thursday | 6:30pm | 908.309.2583 732.899.1331 |
| JACKSON | | | | |
| Ocean County Library – Jackson Branch 2 Jackson Drive Jackson, NJ 08527 | Linda Lafer | 2 nd and 4 th Wednesdays | 10:00am | 973.586.4300 |


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| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| TOMS RIVER | | | | |
| Visiting HomeCare Service of Ocean County A Friend's House Conference Room 105 Sunset Avenue Toms River, NJ 08755 | Michele Mahieu | 3 rd Monday April, June, Aug, Oct, Dec. | 11:00am | 732.244.5565 |
| WEST CREEK | | | | |
| Meridian Fitness & Wellness Center 700 Route 9 South West Creek, NJ 08092 | Debra Shar | 1 st Monday | 1:00pm | 609.978.3574 |
| WHITING | | | | |
| The Pines at Whiting 509 Rt. 530 Whiting, NJ 08759 | Jane Kirby | 1 st Friday | 1:30pm | 908.309.2583 |


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Passaic County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| CLIFTON | | | | |
| Daughters of Miriam 155 Hazel Street Clifton, NJ 07011 | Michele Panico Caitlyn Winkler | 3 rd Thursday | 1:00pm | 973.253.5328 973.253.5738 |
| WAYNE | | | | |
| Christian Health Care Center of Wayne 478 Valley Road Wayne, NJ 07470 | Aimee Restifo Amanda Zunick | 2 nd Wednesday | 1:00pm | 973.305.9155 |


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Somerset County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| HILLSBOROUGH | | | | |
| Avalon Assisted Living at Hillsborough 393 Amwell Road Hillsborough, NJ 08844 | Laura Paredes | 1 st Monday | 5:00pm | 908.874.7200 |
| RWJ Physician Enterprise Urgent Care 751 Route 206, Suite 100 (between Homestead Road and Raider Blvd.) Hillsborough, NJ 08844 | Denise Goldstein | 2 nd Tuesday | 1:00pm | 732.563.9056 |


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Sussex County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| NEWTON | | | | |
| Newton Medical Center Romano Conf. & Education Center, Room 100 175 High Street Newton, NJ 07860 | Barbara Van Nortwick | 4 th Saturday | 10:00am | 973.579.8600 |


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Union County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| CRANFORD | | | | |
| Cranford Senior Housing Lincoln Building 800 Lincoln Ave East Cranford, NJ 07016 | Ellen Cohen Anna Lee Bachtell | 1 st Wednesday | 7:00pm | 888.280.6055 |
| ELIZABETH | | | | |
| Jewish Family Services Cafe Europa/Library Room 655 Westfield Avenue Elizabeth, NJ 07208 | Alice Greenberg- Sheedy | 1 st Friday | 10:00am | 908.352.8375 |

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| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| SUMMIT | | | | |
| Overlook Medical Center 99 Beauvoir Avenue at Sylvan Rd. Summit, NJ 07902 | Laura Holly-Dierbach | 4 th Thursday | 7:00pm | 973.845.6777 |
| UNION | | | | |
| WISE Adult Day Services United Methodist Church 2095 B Berwyn Street Union, NJ 07083 | Kerry Jordan Susan Butler | 3 rd Wednesday | 6:00pm | 908.687.2995 |
| WESTFIELD | | | | |
| Presbyterian Church in Westfield 140 Mountain Avenue Westfield, NJ 07090 | Alice Greenberg- Sheedy | 3 rd Friday | 10:00am | 908.352.8375 |


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Warren County

| LOCATION | CONTACT | DAY | TIME | PHONE # |
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| WASHINGTON | | | | |
| Washington Public Library 20 West Carlton Avenue Washington, NJ 07882 | Cherilyn Porkorny | 3 rd Saturday | 11:00am | 973.568.5953 |


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