

Community Education Program Schedule

These programs are free and open to the public, but pre-registration is required. **For more information, or to register please call 888-280-6055.** For information on cancellations or delays during inclement weather, please call **973-453-2324.**

Visit www.alznj.org/services/education-and-training/ for the most current education program schedule.



Program	Date/Time	Location
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Wednesday, March 20 11:00 a.m. – 12:00 p.m.</p>	<p>Alzheimer's NJ Central Regional Office 197 Rte 18, Suite 308 North, East Brunswick</p>
<p>Residential Care Options: Finding the Right Fit for Your Family</p> <p>This program is designed to guide caregivers through the process of selecting the most appropriate care setting; providing an overview of the options and highlighting factors to consider when choosing this new home.</p>	<p>Wednesday, March 20 12:00 p.m.-1:00 p.m.</p>	<p>Hackensack Meriden Health – Pascack Valley Hospital 250 Old Hook Rd, Westwood</p>
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Thursday, March 21 1:30 p.m. – 2:30 p.m.</p>	<p>Our Lady of Sorrows 3816 East State Street Extension, Merceville</p>
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Thursday, March 21 1:00 p.m. – 2:00 p.m.</p>	<p>Morristown Medical Center Health Pavilion 333 Mt. Hope Ave, Rockaway</p>

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<p>Healthy Aging: Tips for Body and Brain</p> <p>Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.</p>	<p>Wednesday, March 27 1:00 p.m. – 2:00 p.m.</p>	<p>Congregation Beth Chaim 329 Village Road Princeton Junction</p>
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Thursday, March 28 11:00 a.m. – 12:00 p.m.</p>	<p>Alzheimer's New Jersey Headquarters 425 Eagle Rock Ave., Ste. 203 Roseland</p>
<p>Coping with Behavior Changes</p> <p>Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.</p>	<p>Friday, April 5 10:00 a.m. – 11:00 a.m.</p>	<p>Jewish Family Service Café Europa / Library Room 655 Westfield Avenue, Elizabeth</p>
<p>Residential Care Options: Finding the Right Fit for Your Family</p> <p>This program is designed to guide caregivers through the process of selecting the most appropriate care setting; providing an overview of the options and highlighting factors to consider when choosing this new home.</p>	<p>Tuesday, April 16 11:00 a.m. – 12:00 p.m.</p>	<p>A Friends House 105 Sunset Avenue, Toms River</p>
<p>Communication Tips and Techniques in Alzheimer's Disease</p> <p>As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.</p>	<p>Wednesday, April 17 11:00 a.m.-12:00 p.m.</p>	<p>Alzheimer's NJ Central Regional 197 Rte. 18, Suite 308 North, East Brunswick</p>
<p>Communication Tips and Techniques in Alzheimer's Disease</p> <p>As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.</p>	<p>Wednesday, April 24 10:00 a.m.-11:00 a.m.</p>	<p>Jackson Library 2 Jackson Drive, Jackson</p>

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<p>Communication Tips and Techniques in Alzheimer's Disease</p> <p>As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.</p>	<p>Thursday, April 25 11:00 a.m. – 12:00 p.m.</p>	<p>Alzheimer's New Jersey Headquarters 425 Eagle Rock Avenue Suite 203, Roseland</p>
<p>Coping with Behavior Changes</p> <p>Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.</p>	<p>Wednesday, May 8 9:00 a.m.-10:00 a.m.</p>	<p>Princeton Van Dyck Law 707 State Road, Suite 102 Princeton</p>
<p>Coping with Behavior Changes</p> <p>Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.</p>	<p>Tuesday, May 14 2:00 p.m.-3:30 p.m.</p>	<p>Capital Health Medical Center Hopewell 2 Capital Way, Ste 456 Pennington</p>
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Wednesday, May 15 11:00 p.m. – 12:00 p.m.</p>	<p>Alzheimer's NJ Central Regional 197 Rte.18, Suite 308 North, East Brunswick</p>
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Thursday, May 23 11:00 a.m. –12:00 p.m.</p>	<p>Alzheimer's New Jersey Headquarters 425 Eagle Rock Ave, Ste 203 Roseland</p>
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Thursday, May 23 1:00 p.m. – 2:00 p.m.</p>	<p>Tilton Fitness Center 1420 Route 36, Hazlet</p>

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<p>Managing Communication and Behaviors in Alzheimer's Disease</p> <p>As Alzheimer's Disease progresses, people with the disease lose their verbal communication ability and often communicate through behavior. Learn how to enhance communication at each stage of the disease, recognizing behavior as a form of communication. Topics will include: identifying verbal and non-verbal messages, understanding behavior changes and managing behaviors that can be challenging.</p>	<p>Thursday, May 30 6:00 p.m.-7:30 p.m.</p>	<p>Arbor Terrace 361 Speedwell Avenue Morris Plains</p>