

Community Education Program Schedule

These programs are free and open to the public, but pre-registration is required. **For more information, or to register please call 888-280-6055.** For information on cancellations or delays during inclement weather, please call **973-453-2324.**

Visit www.alznj.org/services/education-and-training/ for the most current education program schedule.



Program	Date/Time	Location
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, October 9 12:00 p.m. – 1:00 p.m.	Hawthorne Gospel Church 200 Rte 208, Hawthorne
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Wednesday, October 10 10:30 a.m.-11:30 a.m.	Hackettstown Medical Center- Medical Arts Bldg, Center for Community Living 109 Bilby Road, Ste. 101, Hackettstown
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Thursday, October 11 10:45 a.m. – 11:30 a.m.	Bayshore Senior Center 100 Main Street, Keansburg
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Thursday, October 11 6:30 p.m. – 7:30 p.m.	Christian Health Care Center- Adult Day Health Services 301 Sicomac Avenue, Wyckoff

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Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Thursday, October 18 4:30 p.m. – 6:00 p.m.	Newton Medical Center 175 High Street, Newton
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Thursday, October 18 6:30 p.m. – 8:30 p.m.	Atrium Senior Living 40 Freneau Avenue, Matawan
Healthy Aging: Tips for Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Tuesday, October 23 10:00 a.m. – 11:00 a.m.	Avalon Free Public Library 235 32 nd Street, Avalon
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, October 24 7:30 p.m. – 9:00 p.m.	Temple Sinai 208 Summit Avenue, Summit
Celebrating the Holidays When Your Loved One Has AD Changes brought on by Alzheimer's disease can impact how families celebrate the holidays. This program will highlight ways to modify meaningful traditions, celebrate away from home, and cope with caregiver stress.	Thursday, November 1 6:00 p.m. – 7:00 p.m.	Care One at New Milford 800 River Road, New Milford
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Friday, November 2 10:00 a.m. – 11:00 a.m.	Chilton Medical Center 97 West Parkway, Pompton Plains
Union County Caregiver Conference: Alzheimer's Disease: Approaches to Care This half-day conference for caregivers will provide practical information about how to cope with the unique challenges of caring for someone with Alzheimer's disease.	Saturday, November 3 8:30 a.m. – 12:30 p.m.	Union County College 1033 Springfield Avenue, Cranford

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Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Wednesday, November 7 6:00 p.m. – 7:00 p.m.	Caldwell Public Library 268 Bloomfield Avenue, Caldwell
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, November 13 4:00 p.m. – 5:00 p.m.	Mt. Arlington Library 333 Howard Avenue, Mt. Arlington
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Wednesday, November 14 1:00pm-2:00pm	Spotswood Senior Center 1 Arlington Avenue, Spotswood
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Wednesday, November 28 7:00 p.m. – 8:00 p.m.	Montville Township Public Library 90 Horseneck Rd, Montville
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Thursday, November 29 1:00 p.m. – 2:00 p.m.	Middletown Senior Center 900 Leonardville Rd, Leonardo
Celebrating the Holidays When Your Loved One Has AD Changes brought on by Alzheimer's disease can impact how families celebrate the holidays. This program will highlight ways to modify meaningful traditions, celebrate away from home, and cope with caregiver stress.	Tuesday, December 4 11:00 a.m. – 12:00 p.m.	Visiting Home Care A Friends House 105 Sunset Avenue, Toms River

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Coping with Behavior Changes Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Tuesday, December 4 6:00 p.m. – 7:00 p.m.	Morristown Medical Center 435 South Street, Suite 390 Morristown
Healthy Aging: Tips for Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Thursday, December 6 1:00 p.m. – 2:00 p.m.	Reverend Christian Wellness Center (Newark Beth Israel) 208 Lyons Avenue, Newark
Healthy Aging: Tips for Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Wednesday, December 12 12:00 p.m. – 1:00 p.m.	Hackensack Meridian Health – Pascack Valley Medical Center 250 Old Hook Rd., Westwood
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Thursday, December 13 1:00 p.m. – 2:00 p.m.	Middletown Senior Center 900 Leonardville Rd, Leonardo