Alzheimer's New Jersey

Community Education Program Schedule

These programs are free and open to the public, but pre-registration is required. **For more information, or to register please call 888-280-6055**. For information on cancellations or delays during inclement weather, please call **973-453-2324.**

Visit www.alznj.org/services/education-and-training/ for the most current education program schedule.

Program	Date/Time	Location
Coping with Behavior Changes Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Tuesday, August 28 7:00pm – 8:00pm	Arbor Terrace Morris Plains 361 Speedwell Avenue, Morris Plains
Safety Considerations in Alzheimer's Disease Alzheimer's disease causes progressive changes in abilities and judgement. This program provides practical tips to address the safety needs of a person with Alzheimer's.	Thursday, September 6 1:00 p.m. – 2:00 p.m.	Tenafly Senior Center 20 South Summit Street, Tenafly
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Tuesday, September 11 10:00 a.m. – 11:00 a.m.	We Care Adult Day Care Union Square Mall, 552A NJ-35, Red Bank
Coping with Behavior Changes Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Saturday, September 15 10:00 a.m. – 11:00 a.m.	Somerset Adult Day Care Center 872 East Main Street, Bridgewater

Program	Date/Time	Location
Residential Care Options: Finding the Right Fit for Your Family This program is designed to guide caregivers through the process of selecting the most appropriate care setting; providing an overview of the options and highlighting factors to consider when choosing this new home.	Monday, September 17 6:00 p.m. – 7:00 p.m.	Christian Health Care – Adult Day Services 478 Valley Road, Wayne
Healthy Aging: Tips for Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Tuesday, September 18 11:00 a.m. – 12:00 p.m.	Mount Carmel Hall – Berkeley Heights Senior Club 56 River Road, Berkeley Heights
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, September 19 6:30 p.m. – 7:30 p.m.	Elks American Lodge 333 - American Temple 258 272 Ellison St., Paterson
Healthy Aging: Tips for Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Tuesday, October 2, 2018 1:00 p.m. – 2:30 p.m.	Lakeland Hills YMCA 100 Fanny Rd, Mountain Lakes
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, October 9 12:30 p.m.-1:30 p.m.	Marlboro Recreation Center 1996 Recreation Way, Marlboro
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Wednesday, October 10 10:30 a.m.-11:30 a.m.	Hackettstown Medical Center-Medical Arts Bldg, Center for Community Living 109 Bilby Road, Ste. 101, Hackettstown
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Thursday, October 11 6:30 p.m. – 7:30 p.m.	Christian Health Care Center-Adult Day Health Services 301 Sicomac Avenue, Wyckoff

Program	Date/Time	Location
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Thursday, October 18 4:30 p.m. – 6:00 p.m.	Newton Medical Center 175 High Street, Newton
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, October 24 7:30 p.m. – 9:00 p.m.	Temple Sinai 208 Summit Avenue, Summit