

Community Education Program Schedule

These programs are free and open to the public, but pre-registration is required. **For more information, or to register please call 888-280-6055.** Dial extension 102 for information on cancellation or delays during inclement weather.

Visit www.alznj.org/services/education-and-training/ for the most current education program schedule.



Program	Date/Time	Location
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Friday, November 17 10:00 a.m. – 11:00 a.m.</p>	<p>Chilton Medical Center, Auditorium 97 West Parkway, Pompton Plains</p>
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Tuesday, November 21 1:00 p.m. – 2:00 p.m.</p>	<p>Jewish Community Center 100 Grant Street, Deal</p>
<p>Coping with Behavior Changes in Alzheimer's Disease</p> <p>Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.</p>	<p>Tuesday, November 28 12:00 p.m. – 1:00 p.m.</p>	<p>New Jersey State Library 185 West State St. – 5th FL Trenton</p>
<p>Middle Stage Alzheimer's Disease: An Intensive for Caregivers (Part 1 of 2)</p> <p>An intensive, multi-part education program that provides information for caregivers specific to the middle stage of Alzheimer's disease.</p>	<p>Tuesday, November 28 12:00 p.m. – 2:00 p.m.</p>	<p>HackensackUMC at Pascack Valley 250 Old Hook Road, Westwood</p>
<p>Celebrating the Holidays When Your Loved One Has Alzheimer's Disease</p> <p>Changes brought on by Alzheimer's can impact how families celebrate holidays. This program</p>	<p>Tuesday, November 28 7:00 p.m. – 8:00 p.m.</p>	<p>SAGE Eldercare 290 Broad Street, Summit</p>

Program	Date/Time	Location
<p>highlights ways to modify traditions, celebrate away from home, and cope with stress.</p>		
<p>Communication Tips and Techniques in Alzheimer's Disease</p> <p>As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.</p>	<p>Wednesday, November 29 7:00 p.m. – 8:00 p.m.</p>	<p>Riverdale Public Library 93 Newark Pompton Turnpike Riverdale</p>
<p>Coping with Behavior Changes in Alzheimer's Disease</p> <p>Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.</p>	<p>Thursday, November 30 1:00 p.m. – 2:00 p.m.</p>	<p>Morristown Medical Center Health Pavilion – Community RM 333 Mount Hope Avenue, 3rd FL, Rockaway</p>
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Thursday, November 30 6:30 p.m. – 7:30 p.m.</p>	<p>Dowdell Public Library of South Amboy 100 Hoffman Place South Amboy</p>
<p>Middle Stage Alzheimer's Disease: An Intensive for Caregivers (Part 2 of 2)</p> <p>An intensive, multi-part education program that provides information for caregivers specific to the middle stage of Alzheimer's disease.</p>	<p>Tuesday, December 5 12:00 p.m. – 2:00 p.m.</p>	<p>HackensackUMC at Pascack Valley 250 Old Hook Road, Westwood</p>
<p>Celebrating the Holidays When Your Loved One Has Alzheimer's Disease</p> <p>Changes brought on by Alzheimer's can impact how families celebrate holidays. This program highlights ways to modify traditions, celebrate away from home, and cope with stress.</p>	<p>Tuesday, December 5 5:30 p.m. – 6:30 p.m.</p>	<p>Morristown Medical Center – Outpatient Medicine Building 435 South Street Morristown</p>
<p>Celebrating the Holidays When Your Loved One Has Alzheimer's Disease</p> <p>Changes brought on by Alzheimer's can impact how families celebrate holidays. This program highlights ways to modify traditions, celebrate away from home, and cope with stress.</p>	<p>Tuesday, December 5 7:00 p.m. – 8:00 p.m.</p>	<p>Atria - Roseland 345 Eagle Rock Avenue, Roseland</p>

Program	Date/Time	Location
<p>Understanding Memory Loss</p> <p>This program explores the difference between normal age-related memory changes and changes associated with Alzheimer's disease and other forms of dementia.</p>	<p>Wednesday, December 6 6:00 p.m. – 7:00 p.m.</p>	<p>Bloomfield Public Library 90 Broad Street, Bloomfield</p>
<p>Healthy Aging: Tips for Your Body and Brain</p> <p>Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.</p>	<p>Thursday, December 7 2:00 p.m. – 3:00 p.m.</p>	<p>Rev. Dr. Ronald B. Christian Community Health and Wellness Center, 208 Lyons Street, Newark</p>
<p>Understanding Memory Loss</p> <p>This program explores the difference between normal age-related memory changes and changes associated with Alzheimer's disease and other forms of dementia.</p>	<p>Monday, December 11 1:30 p.m. – 2:00 p.m.</p>	<p>Senior Source – Riverside Square Mall – 2nd FL 310 Riverside Sq. Mall, Hackensack</p>
<p>Healthy Aging: Tips for Your Body and Brain</p> <p>Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.</p>	<p>Tuesday, December 12 11:00 a.m. – 12:00 p.m.</p>	<p>Generations 4 Garfield @ VFW 340 Outwater Lane, Garfield</p>
<p>Coping with Caregiver Stress</p> <p>This program examines caregiver stress and offers coping strategies to become a healthier caregiver.</p>	<p>Tuesday, December 12 1:00 p.m. – 2:00 p.m.</p>	<p>Sunrise of Jackson 390 N. County Line Road, Jackson <i>A light lunch will be served at noon.</i></p>
<p>Late Stage Alzheimer's Disease: An Intensive for Caregivers (Part 1 of 2)</p> <p>An intensive, multi-part education program that provides information for caregivers specific to the late stage of Alzheimer's disease.</p>	<p>Tuesday, January 6 12:00 p.m. – 2:00 p.m.</p>	<p>HackensackUMC at Pascack Valley 250 Old Hook Road, Westwood</p>
<p>Alzheimer's 101</p> <p>This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.</p>	<p>Thursday, January 11 6:30 p.m. – 7:30 p.m.</p>	<p>East Rutherford Memorial Library 143 Boiling Springs Avenue, East Rutherford</p>

Program	Date/Time	Location
<p>Communication Tips and Techniques in Alzheimer's Disease</p> <p>As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.</p>	<p>Tuesday, January 17 1:00 p.m. – 2:00 p.m.</p>	<p>Bristol Glen 200 Bristol Glen Drive, Newton</p>