

## Family Support Group Meeting Schedule

**IMPORTANT NOTE:** Please call the number listed for the group before attending as our support groups sometimes change. Support groups are free and open to the public.



Visit [www.alznj.org/services/family-support-groups/](http://www.alznj.org/services/family-support-groups/) for the most current Support Group Schedule.

### Bergen County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>DUMONT</b>				
Northern Valley Adult Day Health Center 2 Park Avenue Dumont, NJ 07628	Nancy Bortinger	Please call for dates and times.		201.385.4400 x3086
<b>ORADELL</b>				
Alzheimer's New Jersey 690 Kinderkamack Road, Suite 100 Oradell, NJ 07649	Elaine Winter	2 <sup>nd</sup> Monday	1:00pm	201.261.6009
<b>PARAMUS</b>				
Brookdale Assisted Living 186 Paramus Road Paramus, NJ 07652	Fred Meyer Vivian Green Korner	1 <sup>st</sup> Wednesday	7:00pm	201.797.3421
The Kraft Center (Valley Hospital) 15 Essex Road Paramus, NJ 07652	Meredith Deupree	2 <sup>nd</sup> Wednesday <i>(No meeting in December)</i>	7:00pm	888.280.6055
<b>PARK RIDGE</b>				
Atrium Senior Living at Park Ridge 124 Noyes Drive Park Ridge, NJ 07656	Cathy Ferrero	1 <sup>st</sup> Wednesday	10:00am	201.782.0440

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>ROCKLEIGH</b>				
Jewish Home at Rockleigh 10 Link Drive Rockleigh, NJ 07647	Shelley Steiner	1 <sup>st</sup> Wednesday	10:00am	888.280.6055
<b>TENAFLY</b>				
JCC on the Palisades 411 East Clinton Ave. Tenafly, NJ 07670	Judi Nahary Marlene Ceragno	2 <sup>nd</sup> Monday 4 <sup>th</sup> Tuesday	7:00pm 10:30am	201.569.7900
<b>WYCKOFF</b>				
Christian Health Care Center Building 1, Conference Room 301 Sicomac Avenue Wyckoff, NJ 07481	Kerri Sherer	1 <sup>st</sup> Tuesday	12:00pm	201.848.5830

## Essex County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>EAST ORANGE</b>				
Park Crescent Health Care and Rehab Center 480 North Walnut Street East Orange, NJ 07017	Grace Ann Kelly	1 <sup>st</sup> Monday*	5:00pm	973.674.2700 Ext. 2276
<b>LIVINGSTON</b>				
Jewish Family Service of MetroWest NJ 570 West Mount Pleasant Ave. Suite 106 Livingston, NJ 07039	Alyson Kaplan	Last Tuesday <i>(No meeting in May 2017)</i>	1:00pm	973.765.9050
<b>VERONA</b>				
The Boathouse at Verona Park Bloomfield Ave. & Lakeside Ave. Verona, NJ 07044	Ruth Rothbart Mayer	1 <sup>st</sup> and 3 <sup>rd</sup> Mondays	7:00pm	917.916.8002

\*NOTE: This group will **not** meet in December or January.

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>WEST CALDWELL</b>				
Crane's Mill Continuing Care Retirement Community Towne Square Conference Room 459 Passaic Avenue West Caldwell, NJ 07006	Claire Akselrad Nancy Hoerner	3 <sup>rd</sup> Tuesday	7:00pm	973.464.0595 973.276.3008

### Hudson County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>JERSEY CITY</b>				
CarePoint Health - Christ Hospital (Staff Room A&B off the Main Lobby) 176 Palisade Ave. Jersey City, NJ 07306	Rosita McGovern	3 <sup>rd</sup> Tuesday	12:00pm	201.341.1310 (Nancy Aleman)

### Hunterdon County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>FLEMINGTON</b>				
Hunterdon Regional Community Health Meeting Room C 215 Route 31 Flemington, NJ 08822	Kathy Mason	2 <sup>nd</sup> Wednesday	7:00pm	908.237.2364
<b>LEBANON</b>				
Lebanon Reformed Church Skunk House 18B Maple Street Lebanon, NJ 08833	Pam Molnar	3 <sup>rd</sup> Tuesday	1:30pm	908.268.1495

## Mercer County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>HAMILTON</b>				
RWJ Fitness & Wellness Center 3100 Quakerbridge Road Hamilton, NJ 08619	Steve Guarino	3 <sup>rd</sup> Wednesday	6:00pm	609.396.6788
<b>HOPEWELL</b>				
Capital Health Medical Center – Hopewell (MCH Conference Room) One Capital Way Pennington, NJ 08534 <i>*Complimentary valet parking and refreshments are provided*</i>	Victoria Pena- Cardinali Lori Rahn	2 <sup>nd</sup> Tuesday	2:00pm	609.537.7157

## Middlesex County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>EDISON</b>				
JFK Adult Medical Day Program 3 Progress Street Edison, NJ 08820	Mary Buglio Michelle Charme	1 <sup>st</sup> Saturday	10:30am	908.912.1910
COPSA ( <b>Spouses Support Group</b> ) 100 Metroplex Drive Edison, NJ 08820	Mary Catherine Lundquist	1 <sup>st</sup> and 3 <sup>rd</sup> Monday	9:30am	800.424.2494
<b>HIGHLAND PARK</b>				
Parker Adult Day Care 443 River Road Highland Park, NJ 08904	Samara Elias Kathleen Ostertag	2 <sup>nd</sup> Tuesday 3 <sup>rd</sup> Wednesday	7:00pm 2:00pm	732.565.2434
<b>MONROE TOWNSHIP</b>				
Monroe Senior Center 12 Halsey Reed Road Monroe Township, NJ 08831	Saswati Chakraborty Cheryl Basse	4 <sup>th</sup> Wednesday	2:00pm	609.860.8116 609.860.8157

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>MONROE TOWNSHIP</b>				
Saint Peter's University Hospital Adult Day Program 200 Overlook Drive Monroe Township, NJ 08831	Rachel Kallish	2 <sup>nd</sup> Tuesday	10:00am	609.655.6853

## Monmouth County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>FREEHOLD</b>				
<b>Younger-Onset</b> ( <i>Diagnosed age 65 or younger</i> ) CentraState Medical Center Tobias Ambulatory Campus, Conf . Room C 901 West Main Street Freehold, NJ 07728	Cathy Black Saswati Chakraborty	3 <sup>rd</sup> Saturday	10:00am	732.371.4383
<b>LINCROFT</b>				
Sunrise Assisted Living 734 Newman Springs Road Lincroft, NJ 07738	Linda Gelpke Sara Birk	3 <sup>rd</sup> Sunday	2:00pm	732.212.1910
<b>MANALAPAN</b>				
Chelsea at Manalapan 445 Rt. 9 South Manalapan, NJ 07726	Joanne Prospero	1 <sup>st</sup> Tuesday	6:00pm Light Dinner	732.972.6200
<b>MARLBORO</b>				
Marlboro Recreation Center 1996 Recreation Way Marlboro, NJ 07746	Suni Simon	2 <sup>nd</sup> Tuesday	1:00pm	732.617.0367 Denise Barry
<b>RED BANK</b>				
We Care Adult Care Union Square Plaza 552A Highway 35 South Red Bank, NJ 07701	Kelli Desmond	2 <sup>nd</sup> Tuesday	10:00am	732.741.7363

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>TINTON FALLS</b>				
Chelsea at Tinton Falls 1 Hartford Drive Tinton Falls, NJ 07701	Carol Kezel	4 <sup>th</sup> Thursday	6:00pm	732.933.4700
<b>WALL</b>				
Allaire Care 1979 Route 34 South Wall, NJ 07719	Ellin North	Last Thursday	6:00pm	732.974.7666

## Morris County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>BOONTON</b>				
Friendship House at St. Clare's Boonton Campus Executive Dining Room 130 Powerville Road Boonton, NJ 07705	Mayelin Ravello	3 <sup>rd</sup> Wednesday	3:00pm	973.451.4152
<b>CHATHAM</b>				
Victorian Garden Adult Day Center 353 Main Street Chatham, NJ 07928	Phyllis Flemming Peg Tedesco	3 <sup>rd</sup> Wednesday	6:00pm	973.635.2266
<b>DENVILLE</b>				
Alzheimer's New Jersey 400 Morris Avenue, Suite 251 Denville, NJ 07834	Meredith Deupree	4 <sup>th</sup> Monday*	10:00am	973.586.4300
<b>MORRISTOWN</b>				
<b>Male Caregivers Group</b> 435 South Street (3 <sup>rd</sup> Floor Conference Room) Morristown, NJ 07962	Peter Flemming	1 <sup>st</sup> Thursday	7:00pm	973.635.0899

\*NOTE: The December meeting will take place on **December 19**.

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>MORRISTOWN</b>				
<b>Younger-Onset</b> ( <i>Diagnosed age 65 or younger</i> ) Morristown Medical Center – Outpatient Medicine (3 <sup>rd</sup> Floor Conference Room) 435 South Street Morristown, NJ 07960	Suzanne Lyon Kerry Jordan	1 <sup>st</sup> Saturday *2 <sup>nd</sup> Saturday in April, July & September*	9:30am	973.580.0697
<b>POMPTON PLAINS</b>				
First Reformed Church 529 Newark-Pompton Turnpike Pompton Plains, NJ 07444	Eileen Port	2 <sup>nd</sup> Wednesday (No meetings July, August)	7:00pm	973.831.5367
<b>ROCKAWAY</b>				
Morristown Medical Center Health Pavilion (3 <sup>rd</sup> Floor Conference Room) 333 Mt. Hope Avenue Rockaway, NJ 07866	Siobhan Flynn- Higgins	Last Thursday	1:00pm	973.765.9050
<b>WHIPPANY</b>				
Arden Courts of Whippany 18 Eden Lane Whippany, NJ 07981	Vivian Green Korner	2 <sup>nd</sup> Wednesday	1:00pm	973.581.1800

## Ocean County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>BRICK</b>				
Senior Care of Brick 2125 Route 88 Brick, NJ 08724	Jane Kirby Karen Donnelly	2 <sup>nd</sup> Thursday	6:30pm	908.309.2583 732.899.1331
<b>JACKSON</b>				
Ocean County Library – Jackson Branch 2 Jackson Drive Jackson, NJ 08527	Linda Lafer	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesdays	10:00am	973.586.4300

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>TOMS RIVER</b>				
Holiday Care Center 4 Plaza Drive Toms River, NJ 08757	Jamie Hoagland	2 <sup>nd</sup> Thursday	10:30am	732.240.0900
<b>TOMS RIVER</b>				
Visiting HomeCare Service of Ocean County A Friend's House Conference Room 105 Sunset Avenue Toms River, NJ 08755	Michele Mahieu	3 <sup>rd</sup> Monday April, June, Aug, Oct, Dec.	11:00am	732.244.5565
<b>WEST CREEK</b>				
Meridian Fitness & Wellness Center 700 Route 9 South West Creek, NJ 08092	Debra Shar	1 <sup>st</sup> Monday*	1:00pm	609.978.3574
<b>WHITING</b>				
AristaCare 23 Schoolhouse Road Whiting, NJ 08759	Melinda McGullam Ariadne DeMarco	1 <sup>st</sup> Wednesday	10:00am	732.849.4300
<b>WHITING</b>				
The Pines at Whiting 509 Rt. 530 Whiting, NJ 08759	Jane Kirby Dolores Rosen	1 <sup>st</sup> Friday	1:30pm	908.309.2583 732.657.1656

\*NOTE: This group will **not** meet in January.

## Passaic County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>CLIFTON</b>				
Daughters of Miriam 155 Hazel Street Clifton, NJ 07011	Michele Panico	3 <sup>rd</sup> Thursday	2:00pm	973.253.5328
<b>WAYNE</b>				
Christian Health Care Center of Wayne 478 Valley Road Wayne, NJ 07470	Aimee Restifo	2 <sup>nd</sup> Wednesday	1:00pm	973.305.9155



## Somerset County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>HILLSBOROUGH</b>				
The Avalon A.L. Residence 393 Amwell Rd. Hillsborough, NJ 08844	Laura Cardillo	1 <sup>st</sup> Monday	5:00pm	908.874.7200
<b>HILLSBOROUGH</b>				
Brookdale Hillsborough 600 Auten Road Hillsborough, NJ 08844	Lauren DuBeau	3 <sup>rd</sup> Wednesday	7:00pm	908.431.1300
RWJ Physician Enterprise Urgent Care 751 Route 206, Suite 100 (between Homestead Road and Raider Blvd.) Hillsborough, NJ 08844	Denise Goldstein	3 <sup>rd</sup> Tuesday	1:00pm	732.563.9056

## Sussex County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>NEWTON</b>				
Newton Medical Center Romano Conference and Education Center, Room100 175 High Street Newton, NJ 07860	Barbara Van Nortwick	4 <sup>th</sup> Saturday*	10:00am	973.579.8600
<b>SPARTA</b>				
Knoll Heights Senior Center 40 Trapasso Drive Sparta, NJ 07871	Donna Green Lisa Reidinger	3 <sup>rd</sup> Tuesday	5:30pm	973.729.4311

\*NOTE: Schedule changes for Newton group: December meeting to take place **December 17** with **no meeting** in January.

## Union County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>CRANFORD</b>				
Cranford Senior Housing Lincoln Building 800 Lincoln Ave East Cranford, NJ 07016	Ellen Cohen Anna Lee Bachtell	1 <sup>st</sup> Wednesday	7:00pm	973.586.4300
<b>ELIZABETH</b>				
Jewish Family Services Cafe Europa/Library Room 655 Westfield Avenue Elizabeth, NJ 07208	Alice Greenberg- Sheedy	1 <sup>st</sup> Friday	1:00pm	908.352.8375
<b>SUMMIT</b>				
Overlook Medical Center 99 Beauvoir Avenue at Sylvan Rd. Summit, NJ 07902	Laura Holly-Dierbach	4 <sup>th</sup> Thursday*	7:00pm	973.845.6777
Sage Eldercare 290 Broad St. Summit, NJ 07901	Kathy Larkin	4 <sup>th</sup> Tuesday	10:00am	908.598.5509
<b>UNION</b>				
WISE Adult Day Services United Methodist Church 2095 B Berwyn St. Union, NJ 07083	Kerry Jordan Susan Butler	3 <sup>rd</sup> Wednesday	6:00pm	908.687.2995
<b>WESTFIELD</b>				
Presbyterian Church in Westfield 140 Mountain Avenue Westfield, NJ 07090	Alice Greenberg- Sheedy	3 <sup>rd</sup> Friday	10:00am	908.352.8375

\*NOTE: Overlook group will meet on **December 15**.

## Warren County

LOCATION	CONTACT	DAY	TIME	PHONE #
<b>PHILLIPSBURG</b>				
“The Comfort Zone” St. Luke’s Warren Campus Hillcrest Plaza, Building 302 755 Memorial Parkway Phillipsburg, NJ 08865	Anne Grogan	3 <sup>rd</sup> Saturday	11:00am	908.847.6722