

Community Education Program Schedule

These programs are free and open to the public, but pre-registration is required. **For more information, or to register please call 888-280-6055.** Dial extension 102 for information on cancellation or delays during inclement weather.

Visit www.alznj.org/services/education-and-training/ for the most current education program schedule.



Program	Date/Time	Location
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Tuesday, August 8 6 p.m. – 7 p.m.	Chelsea at Brookfield 1 Brookfield Court, Belvidere <i>A light dinner will be served at 5:30 p.m.</i>
Coping with Behavior Changes in Alzheimer's Disease Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Tuesday, August 8 7 p.m. – 8 p.m.	Parker at the Pavilion 443 River Road, Highland Park
Visiting the Person with Alzheimer's Disease As Alzheimer's disease and other forms of dementia progress, visiting may become increasingly difficult. This program provides practical techniques to enhance visiting.	Thursday, August 10 6:30 p.m. – 7:30 p.m.	Sunrise of Basking Ridge, Activity Rm 404 King George Road, Basking Ridge <i>A light dinner will be served at 5:30 p.m.</i>
Coping with Behavior Changes in Alzheimer's Disease Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Tuesday, August 15 6 p.m. – 7 p.m.	Morristown Medical Center Outpatient Medicine 435 South Street, 3 rd Floor Conference Room, Morristown

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Coping with Behavior Changes in Alzheimer's Disease Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Wednesday, September 6 7 p.m. – 8:30 p.m.	RWJ Rahway Fitness & Wellness Ctr. 2120 Lamberts Mill Road, Scotch Plains
Safety Considerations in Alzheimer's Disease Alzheimer's disease causes progressive changes in abilities and judgement. This program provides practical tips to address the safety needs of a loved one with Alzheimer's disease.	Thursday, September 7 10:30 – 11:30 am	Atrium Senior Living of Park Ridge 124 Noyes Drive, Park Ridge
Coping with Behavior Changes in Alzheimer's Disease Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Thursday, September 7 6 p.m. – 7 p.m.	Christian Health Care Adult Day Services in Siena Village 478 Valley Road, Wayne
Bergen County Caregiver Conference: Alzheimer's Disease: Approaches to Care This half-day conference for caregivers will provide practical information about how to cope with the unique challenges of caring for someone with Alzheimer's disease.	Sunday, September 10 8:30 a.m. – 12:30 p.m.	Hackensack University Medical Center Fitness & Wellness Center Powered by the Giant's 87 Route 17, Maywood
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Tuesday, September 12 6 p.m. – 7 p.m.	JFK Medical Center, Neuroscience 65 James Street, Edison
Healthy Aging: Tips for Your Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Wednesday, September 13 2 p.m. – 3 p.m.	Chilton Medical Center, Auditorium 97 West Parkway, Pompton Plains

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Visiting the Person with Alzheimer's Disease As Alzheimer's disease and other forms of dementia progress, visiting may become increasingly difficult. This program provides practical techniques to enhance visiting.	Wednesday, September 13 6:30 p.m. – 7:30 p.m.	The Chelsea at the Solana Marlboro 52 County Road 520, Marlboro <i>A light dinner will be served at 6:00 p.m.</i>
Coping with Caregiver Stress This program examines caregiver stress and offers coping strategies to become a healthier caregiver.	Thursday, September 14 11 a.m. – 12 p.m.	Ocean County Library, Waretown Branch 112 Main Street, Waretown
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Thursday, September 14 1 p.m. – 2 p.m.	Sunrise of Edgewater 351 River Road, Edgewater <i>A light lunch will be served at noon.</i>
Mercer County Caregiver Conference: Alzheimer's Disease: Approaches to Care This half-day conference for caregivers will provide practical information about how to cope with the unique challenges of caring for someone with Alzheimer's disease.	Saturday, September 16 8:30 a.m. – 12:30 p.m.	Capital Health Medical Center – Hopewell, NJ Pure Conference Center One Capital Way, Pennington
Healthy Aging: Tips for Your Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Monday, September 18 7 p.m. – 8 p.m.	Ocean County Library, Beachwood Branch 126 Beachwood Blvd., Beachwood
Early Stage Alzheimer's Disease: An Intensive for Caregivers (Part 1 of 2) An intensive, multi-part education program that provides information for caregivers specific to the early stage of Alzheimer's disease.	Tuesday, September 19 12 p.m. – 2 p.m.	Hackensack University Medical Center at Pascack Valley 250 Old Hook Road, Westwood
Healthy Aging: Tips for Your Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Wednesday, September 20 2 p.m. – 3 p.m.	Hackettstown Medical Center, Center for Healthier Living 108 Bilby Road, Suite 101, Hackettstown

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Healthy Aging: Tips for Your Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Thursday, September 21 2 p.m. – 3 p.m.	Morristown Medical Center Outpatient Health Building 111 Madison Avenue, 4 th Floor, Atlantic Sports Health Conference Room, Morristown
Early Stage Alzheimer's Disease: An Intensive for Caregivers (Part 2 of 2) An intensive, multi-part education program that provides information for caregivers specific to the early stage of Alzheimer's disease.	Tuesday, September 26 12 p.m. – 2 p.m.	Hackensack University Medical Center at Pascack Valley 250 Old Hook Road, Westwood
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Tuesday, September 26 6:30 p.m. – 7:30 p.m.	Meridian Community Resource Center Freehold Raceway Mall, Freehold
Healthy Aging: Tips for Your Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Wednesday, September 27 3:30 p.m. – 4:30 p.m.	Overlook Medical Center 99 Beauvoir Avenue, Summit
Coping with Behavior Changes in Alzheimer's Disease Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Wednesday, September 27 7 p.m. – 8 p.m.	Montville Township Public Library 90 Horseneck Road, Montville
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Thursday, September 28 7 p.m. – 8 p.m.	Tenaflly Public Library 100 River Edge Road, Tenaflly
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Sunday, October 1 10 a.m. – 11 a.m.	First Presbyterian Church of Englewood – East Room 150 East Palisade Ave., Englewood

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Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Tuesday, October 3 1 p.m. – 2 p.m.	Sunrise of Morris Plains 209 Littleton Road, Morris Plains
Healthy Aging: Tips for Your Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Wednesday, October 4 2:30 p.m. – 3:30 p.m.	West Milford Township Library & Community Center 1470 Union Valley Road, West Milford
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Thursday, October 12 1 p.m. – 2 p.m.	Meridian Fitness and Wellness Center at Hazlet 1420 Route 36, Hazlet