Family Support Group

Meeting Schedule

IMPORTANT NOTE: Please call the number listed for the group before attending as our support groups sometimes change.

Family Support Groups are always free and open to the community. Support groups provide families and caregivers with the emotional support and education they need to better understand Alzheimer's disease and dementia. Support groups are designed for families and friends. Attendance is not recommended for persons with dementia.

Our volunteer support group facilitators receive specialized training about Alzheimer's disease and group facilitation techniques, as well as ongoing support and evaluation.

Solicitation of support group facilitators and members to promote specific products and services is not permitted.

Visit www.alznj.org/services/family-support-groups/ for the most current Support Group Schedule.

Bergen County

LOCATION	CONTACT	DAY	TIME	PHONE #
DUMONT				
Spouses Support Group Northern Valley Adult Day Health Center 2 Park Avenue Dumont, NJ 07628	Nancy Bortinger	1st & 3rd Mondays	3:30pm	201.385.4400 x3086
DUMONT				
Adult Children Support Group Northern Valley Adult Day Health Center 2 Park Avenue Dumont, NJ 07628	Nancy Bortinger	1st & 3rd Mondays	5:30pm	201.385.4400 x3086

Updated 8/17/17

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LOCATION	CONTACT	DAY	TIME	PHONE #
ORADELL				
Alzheimer's New Jersey 690 Kinderkamack Road, Suite 100 Oradell, NJ 07649	Elaine Winter	2nd Monday	1:00pm	201.261.6009
PARAMUS				
Brookdale Assisted Living 186 Paramus Road Paramus, NJ 07652	Fred Meyer Vivian Green Korner	1st Wednesday	7:00pm	201.797.3421
The Kraft Center (Valley Hospital) 15 Essex Road Paramus, NJ 07652	Mary Dotto	2nd Wednesday	7:00pm	888.280.6055
PARK RIDGE				
Atrium Senior Living at Park Ridge 124 Noyes Drive Park Ridge, NJ 07656	Cathy Ferrero	1st Wednesday	10:00am	201.782.0440
ROCKLEIGH				
Jewish Home at Rockleigh 10 Link Drive Rockleigh, NJ 07647	Shelley Steiner	1st Wednesday	10:00am	888.280.6055
TENAFLY				
JCC on the Palisades 411 East Clinton Ave. Tenafly, NJ 07670	Judi Nahary Marlene Ceragno	2nd Monday 4th Tuesday*	7:00pm 10:30am	201.569.7900
WYCKOFF				
Christian Health Care Center Building 1, Conference Room 301 Sicomac Avenue Wyckoff, NJ 07481	Kerri Sherer	1st Tuesday	12:00pm	201.848.5830

***NOTE:** Schedule for August 2017: This meeting will take place on **August 29** (*the 5th Tuesday*).

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Essex County

LOCATION	CONTACT	DAY	TIME	PHONE #
EAST ORANGE				
Park Crescent Health Care and Rehab Center 480 North Walnut Street East Orange, NJ 07017	Grace Ann Kelly	1st Monday* *(No meeting in April, July or September)*	5:00pm	973.674.2700 Ext. 2276
LIVINGSTON				
Jewish Family Service of MetroWest NJ 570 West Mount Pleasant Ave. Suite 106 Livingston, NJ 07039	Alyson Kaplan	Last Tuesday	1:00pm	973.765.9050
VERONA				
The Boathouse at Verona Park Bloomfield Ave. & Lakeside Ave. Verona, NJ 07044	Ruth Rothbart Mayer	1st and 3rd Mondays*	7:00pm	917.916.8002
WEST CALDWELL				
Crane's Mill Continuing Care Retirement Community Towne Square Conference Room 459 Passaic Avenue West Caldwell, NJ 07006	Claire Akselrad Nancy Hoerner	3rd Tuesday	7:00pm	973.464.0595 973.276.3008

***NOTE:** Schedule for September 2017: Meetings will take place on **September 11** and **September 25**.

Hudson County

LOCATION	CONTACT	DAY	TIME	PHONE #
JERSEY CITY				
CarePoint Health - Christ Hospital (Staff Room A&B off the Main Lobby) 176 Palisade Ave. Jersey City, NJ 07306	Rosita McGovern	3rd Tuesday	12:00pm	201.341.1310 Nancy Aleman

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Hunterdon County

LOCATION	CONTACT	DAY	TIME	PHONE #
FLEMINGTON				
Hunterdon Regional Community Health Meeting Room C 215 Route 31 Flemington, NJ 08822	Kathy Mason	2nd Wednesday	7:00pm	908.237.2364
LOCATION	**CONTACT**	**DAY**	**TIME**	**PHONE #**
LEBANON				
Lebanon Reformed Church Skunk House 18B Maple Street Lebanon, NJ 08833	Pam Molnar	3rd Tuesday	1:30pm	908.268.1495

Mercer County

LOCATION	CONTACT	DAY	TIME	PHONE #
HAMILTON				
RWJ Fitness & Wellness Center 3100 Quakerbridge Road Hamilton, NJ 08619	Steve Guarino	3rd Wednesday	6:00pm	609.396.6788
HOPEWELL				
Capital Health Medical Center – Hopewell (MCH Conference Room) One Capital Way Pennington, NJ 08534 **Complimentary valet parking and refreshments are provided**	Victoria Pena-Cardinali Lori Rahn	2nd Tuesday	2:00pm	609.537.7157

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Middlesex County

LOCATION	CONTACT	DAY	TIME	PHONE #
EDISON				
JFK Adult Medical Day Program 3 Progress Street Edison, NJ 08820	Mary Buglio Michelle Charme	1st Saturday	10:30am	908.912.1910
Spouses Support Group COPSA 100 Metroplex Drive Edison, NJ 08820	Mary Catherine Lundquist	1st and 3rd Monday*	9:30am	800.424.2494
HIGHLAND PARK				
Parker Adult Day Care 443 River Road Highland Park, NJ 08904	Samara Elias Kathleen Ostertag	2nd Tuesday 3rd Wednesday	7:00pm 2:00pm	732.565.2434
MONROE TOWNSHIP				
Monroe Senior Center 12 Halsey Reed Road Monroe Township, NJ 08831	Saswati Chakraborty Cheryl Basse	4th Wednesday	2:00pm	848.667.9104 609.860.8157
MONROE TOWNSHIP				
Saint Peter's University Hospital Adult Day Program 200 Overlook Drive Monroe Township, NJ 08831	Rachel Kallish	2nd Tuesday	10:00am	609.655.6853
PLAINSBORO				
University Medical Center of Princeton at Plainsboro Education Building – Classroom 1 1 Plainsboro Road Plainsboro, NJ 08536	Allison Healy	2nd Wednesday *(No meetings in July or August)*	6:00pm	732.586.1481

NOTE:** For September 2017, there will be ***no meeting on the 1st Monday, **September 4**, but the group ***will meet*** on the 3rd Monday, **September 18**.

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Monmouth County

LOCATION	CONTACT	DAY	TIME	PHONE #
FREEHOLD				
Younger-Onset (*Diagnosed age 65 or younger*) CentraState Medical Center Tobias Ambulatory Campus, Conf . Room C 901 West Main Street Freehold, NJ 07728	Cathy Black Saswati Chakraborty	3rd Saturday	10:00am	732.371.4383 848.667.9104
LINCROFT				
Sunrise Assisted Living 734 Newman Springs Road Lincroft, NJ 07738	Linda Gelpke Sara Birk	3rd Sunday	2:00pm	732.212.1910
MANALAPAN				
Chelsea at Manalapan 445 Rt. 9 South Manalapan, NJ 07726	Joanne Prospero	1st Tuesday	6:00pm Light Dinner	732.972.6200
MARLBORO				
Marlboro Recreation Center 1996 Recreation Way Marlboro, NJ 07746	Suni Simon	2nd Tuesday	12:30pm	732.617.0367 Denise Barry
RED BANK				
We Care Adult Care Union Square Plaza 552A Highway 35 South Red Bank, NJ 07701	Kelli Desmond	2nd Tuesday	10:00am	732.741.7363
WALL				
Allaire Care 1979 Route 34 South Wall, NJ 07719	Ellin North	Last Thursday	6:00pm	732.974.7666

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Morris County

LOCATION	CONTACT	DAY	TIME	PHONE #
BOONTON				
Friendship House at St. Clare's Boonton Campus Executive Dining Room 130 Powerville Road Boonton, NJ 07705	Mayelin Ravello	3rd Wednesday	3:00pm	973.451.4152
DENVILLE				
Alzheimer's New Jersey 400 Morris Avenue, Suite 251 Denville, NJ 07834	Meredith Deupree	4th Monday	10:00am	973.586.4300
MORRISTOWN				
Male Caregivers Group 111 Madison Ave (4th Floor Conference Room) Morristown, NJ 07962	Peter Flemming	1st Thursday	7:00pm	973.214.1572
MORRISTOWN				
Younger-Onset (*Diagnosed age 65 or younger*) Morristown Medical Center – Outpatient Medicine (3rd Floor Conference Room) 435 South Street Morristown, NJ 07960	Suzanne Lyon Kerry Jordan	1st Saturday *(2nd Saturday in April, July & September)*	9:30am	973.580.0697
POMPTON PLAINS				
First Reformed Church 529 Newark-Pompton Turnpike Pompton Plains, NJ 07444	Eileen Port	2nd Wednesday *(No meetings July, August)*	7:00pm	973.831.5367
ROCKAWAY				
Morristown Medical Center Health Pavilion (3rd Floor Conference Room) 333 Mt. Hope Avenue Rockaway, NJ 07866	Siobhan Flynn-Higgins	Last Thursday	1:00pm	973.765.9050
WHIPPANY				
Arden Courts of Whippany 18 Eden Lane Whippany, NJ 07981	Vivian Green Korner	2nd Wednesday	1:00pm	973.581.1800

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Ocean County

LOCATION	CONTACT	DAY	TIME	PHONE #
BRICK				
Senior Care of Brick 2125 Route 88 Brick, NJ 08724	Jane Kirby Karen Donnelly	2nd Thursday	6:30pm	908.309.2583 732.899.1331
JACKSON				
Ocean County Library – Jackson Branch 2 Jackson Drive Jackson, NJ 08527	Linda Lafer	2nd and 4th Wednesdays	10:00am	973.586.4300
TOMS RIVER				
Holiday Care Center 4 Plaza Drive Toms River, NJ 08757	Jamie Hoagland	2nd Thursday	10:30am	732.240.0900
TOMS RIVER				
Visiting HomeCare Service of Ocean County A Friend's House Conference Room 105 Sunset Avenue Toms River, NJ 08755	Michele Mahieu	3rd Monday April, June, Aug, Oct, Dec.	11:00am	732.244.5565
WEST CREEK				
Meridian Fitness & Wellness Center 700 Route 9 South West Creek, NJ 08092	Carol Schoenberger	1st Monday	1:00pm	609.978.3559 Judy Gazdag
WHITING				
AristaCare 23 Schoolhouse Road Whiting, NJ 08759	Melinda McGullam Ariadne DeMarco	1st Wednesday	10:00am	732.849.4300
WHITING				
The Pines at Whiting 509 Rt. 530 Whiting, NJ 08759	Jane Kirby	1st Friday	1:30pm	908.309.2583

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Passaic County

LOCATION	CONTACT	DAY	TIME	PHONE #
CLIFTON				
Daughters of Miriam 155 Hazel Street Clifton, NJ 07011	Michele Panico Caitlyn Winkler	3rd Thursday	2:00pm	973.253.5328 973.253.5738
WAYNE				
Christian Health Care Center of Wayne 478 Valley Road Wayne, NJ 07470	Aimee Restifo	2nd Wednesday	1:00pm	973.305.9155

Somerset County

LOCATION	CONTACT	DAY	TIME	PHONE #
HILLSBOROUGH				
The Avalon A.L. Residence 393 Amwell Rd. Hillsborough, NJ 08844	Laura Cardillo	1st Monday*	5:00pm	908.874.7200
RWJ Physician Enterprise Urgent Care 751 Route 206, Suite 100 (between Homestead Road and Raider Blvd.) Hillsborough, NJ 08844	Denise Goldstein	3rd Tuesday	1:00pm	732.563.9056

***NOTE**: September 2017 meeting will take place on **September 11**.

Sussex County

LOCATION	CONTACT	DAY	TIME	PHONE #
NEWTON				
Newton Medical Center Romano Conference and Education Center, Room 100 175 High Street Newton, NJ 07860	Barbara Van Nortwick	4th Saturday	10:00am	973.579.8600

LOCATION	CONTACT	DAY	TIME	PHONE #
SPARTA				
Knoll Heights Senior Center 40 Trapasso Drive Sparta, NJ 07871	Donna Green Lisa Reidinger	3rd Tuesday	5:30pm	973.729.4311

Union County

LOCATION	CONTACT	DAY	TIME	PHONE #
CRANFORD				
Cranford Senior Housing Lincoln Building 800 Lincoln Ave East Cranford, NJ 07016	Ellen Cohen Anna Lee Bachtell	1st Wednesday	7:00pm	973.586.4300
ELIZABETH				
Jewish Family Services Cafe Europa/Library Room 655 Westfield Avenue Elizabeth, NJ 07208	Alice Greenberg-Sheedy	1st Friday	1:00pm	908.352.8375
SUMMIT				
Overlook Medical Center 99 Beauvoir Avenue at Sylvan Rd. Summit, NJ 07902	Laura Holly-Dierbach	4th Thursday*	7:00pm	973.845.6777
UNION				
WISE Adult Day Services United Methodist Church 2095 B Berwyn St. Union, NJ 07083	Kerry Jordan Susan Butler	3rd Wednesday	6:00pm	908.687.2995

***NOTE**: At the close of 2017, the Overlook group meetings will be on the following Thursdays: **November 16**, **December 21**.

LOCATION	CONTACT	DAY	TIME	PHONE #
WESTFIELD				
Presbyterian Church in Westfield 140 Mountain Avenue Westfield, NJ 07090	Alice Greenberg-Sheedy	3rd Friday	10:00am	908.352.8375

Warren County

LOCATION	CONTACT	DAY	TIME	PHONE #
PHILLIPSBURG				
Phillipsburg Free Public Library 200 Broubalow Way Phillipsburg, NJ 08865	Cherilyn Porkorny	3rd Saturday	11:00am	908.568.5953