

## Community Education Program Schedule

These programs are free and open to the public, but pre-registration is required. **For more information, or to register please call 888-280-6055.** Dial extension 102 for information on cancellation or delays during inclement weather.

Visit [www.alznj.org/services/education-and-training/](http://www.alznj.org/services/education-and-training/) for the most current education program schedule.



Program	Date/Time	Location
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, April 19 12 p.m. – 1 p.m.	Hackettstown Medical Center, Center for Healthier Living 108 Bilby Road, Suite 101, Hackettstown
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, April 19 7 p.m. – 8 p.m.	Springfield Free Public Library 66 Mountain Avenue, Springfield
<b>Healthy Aging: Tips for Your Body and Brain</b> Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Tuesday, April 25 10:30 a.m. – 12:00 p.m.	Bethany Baptist Church 275 West Market Street, Newark <i>Presented in coordination with Newark Beth Israel Medical Center</i>
<b>Coping with Caregiver Stress</b> This program examines caregiver stress and offers coping strategies to become a healthier caregiver.	Monday, May 1 6:15 p.m. – 7:15 p.m.	HackensackUMC at Pascack Valley Community Center 250 Old Hook Road, Westwood

Program	Date/Time	Location
<b>Communication Tips and Techniques in Alzheimer's Disease</b> As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Tuesday, May 2 11 a.m. – 12 p.m.	Visiting HomeCare Service of Ocean County 105 Sunset Ave, Toms River
<b>Middle Stage Alzheimer's Disease: An Intensive for Caregivers (Part 1 of 2)</b> An intensive, multi-part education program that provides information for caregivers specific to the middle stage of Alzheimer's disease.	Tuesday, May 2 2 p.m. – 4 p.m.	Capital Health Medical Center – Hopewell (NJ Pure Conference Rooms B and C) One Capital Way, Pennington
<b>Visiting the Person with Alzheimer's Disease</b> As Alzheimer's disease and other forms of dementia progress, visiting may become increasingly difficult. This program provides practical techniques to enhance visiting.	Wednesday, May 3 6 p.m. – 7 p.m.	Brightview Randolph 175 Quaker Church Road, Randolph
<b>Communication Tips and Techniques in Alzheimer's Disease</b> As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Wednesday, May 3 7 p.m. – 8 p.m.	Cranford Senior Housing 800 Lincoln Avenue East, Cranford
<b>Middle Stage Alzheimer's Disease: An Intensive for Caregivers (Part 2 of 2)</b> An intensive, multi-part education program that provides information for caregivers specific to the middle stage of Alzheimer's disease.	Tuesday, May 9 2 p.m. – 4 p.m.	Capital Health Medical Center – Hopewell (NJ Pure Conference Rooms A and B) One Capital Way, Pennington
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, May 9 7 p.m. – 8 p.m.	Edison Public Library – North Edison Branch 777 Grove Avenue, Edison
<b>Safety Considerations in Alzheimer's Disease</b> Alzheimer's disease causes progressive changes in abilities and judgment. This program provides practical tips to address the safety needs of a person with Alzheimer's.	Wednesday, May 10 1 p.m. – 2 p.m.	Christian Health Care Adult Day Services of Wayne 478 Valley Road, Wayne

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<b>Understanding Memory Loss</b> This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Wednesday, May 10 2 p.m. – 3 p.m.	Ocean County Public Library, Tuckerton Branch 380 Bay Avenue, Tuckerton
<b>Safety Considerations in Alzheimer's Disease</b> Alzheimer's disease causes progressive changes in abilities and judgment. This program provides practical tips to address the safety needs of a person with Alzheimer's disease.	Wednesday, May 10 7 p.m. – 8 p.m.	Ridgewood Public Library 125 N. Maple Avenue, Ridgewood
<b>Healthy Aging: Tips for Your Body and Brain</b> Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Thursday, May 11 7 p.m. – 8 p.m.	Scotch Plains Library 1927 Bartle Avenue, Scotch Plains
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Monday, May 15 7 p.m. – 8 p.m.	Livingston Public Library 10 Robert H. Harp Drive, Livingston
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, May 16 2:30 p.m. – 3:30 p.m.	Ocean County Public Library, Point Pleasant Borough Branch 834 Beaver Dam Road, Point Pleasant
<b>Passaic County Caregiver Conference Alzheimer's Disease: Approaches to Care</b> This half-day conference for caregivers will provide practical information about how to cope with the unique challenges of caring for someone with Alzheimer's disease.	Tuesday, May 16 6 p.m. – 9 p.m.	Wayne YMCA 1 Pike Drive, Wayne
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, May 17 11 a.m. – 12:00 p.m.	Riverview Medical Center 1 Riverview Plaza, Red Bank

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<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, May 17 1 p.m. – 2 p.m.	Jersey City Public Library, West Bergen Branch 476 West Side Avenue, Jersey City
<b>Visiting the Person with Alzheimer's Disease</b> As Alzheimer's disease and other forms of dementia progress, visiting may become increasingly difficult. This program provides practical techniques to enhance visiting.	Wednesday, May 17 6 p.m. – 7 p.m.	The Chelsea at Bald Eagle 197 Cahill Cross Road, West Milford <i>Buffet dinner at 5:30pm</i>
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, May 17 7 p.m. – 8 p.m.	River Vale Free Public Library 412 Rivervale Road, River Vale
<b>Communication Tips and Techniques in Alzheimer's Disease</b> As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Thursday, May 18 6:30 p.m. – 7:30 p.m.	Newton Medical Center – Romano Conference Center 175 High Street, Newton
<b>Communication Tips and Techniques in Alzheimer's Disease</b> As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Saturday, May 20 10 a.m. – 11 a.m.	Visiting Nurse Association of Somerset Hills 200 Mt. Airy Road, Basking Ridge
<b>Coping with Behavior Changes in Alzheimer's Disease</b> Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Monday, May 22 1 p.m. – 2 p.m.	Westwood Public Library 49 Park Avenue, Westwood
<b>Coping with Behavior Changes in Alzheimer's Disease</b> Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what behaviors mean, and how to cope when behaviors are challenging.	Monday, May 22 2 p.m. – 3 p.m.	Monmouth Medical Center – Stanley Building Room 206 300 2 <sup>nd</sup> Avenue, Long Branch

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<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, May 23 2:30 p.m. – 3:30 p.m.	Elizabeth Public Library 11 South Broad Street, Elizabeth
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, May 23 6 p.m. – 7 p.m.	Community Medical Center 99 Highway 37 West, Toms River
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, May 24 12:30 p.m. – 1:30 p.m.	Trinity Presbyterian Church 5 High Street, Montclair <i>Presented in coordination with Clara Maass Medical Center</i>
<b>Coping with Caregiver Stress</b> This program examines caregiver stress and offers coping strategies to become a healthier caregiver.	Wednesday, May 24 7 p.m. – 8 p.m.	Livingston Public Library 10 Robert H. Harp Drive, Livingston
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Monday, June 5 2 p.m. – 3 p.m.	Ocean County Public Library, Manchester Branch 21 Colonial Drive, Manchester
<b>Coping with Behavior Changes in Alzheimer's Disease</b> Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what those behaviors mean, and how to cope when behaviors are challenging.	Tuesday, June 6 12 p.m. – 1 p.m.	Christian Health Care Center – Building 1 – Conference Room 301 Sicomac Avenue, Wyckoff
<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, June 6 6:30 p.m. – 7:30 p.m.	Cedar Grove Library 1 Municipal Plaza, Cedar Grove

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<b>Alzheimer's 101</b> This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Thursday, June 8 6 p.m. – 7 p.m.	Woodcrest Center 800 River Road, New Milford
<b>Coping with Caregiver Stress</b> This program examines caregiver stress and offers coping strategies to become a healthier caregiver.	Tuesday, June 13 10 a.m. – 11 a.m.	We Care Adult Day Care Union Square Shopping Center 552 Route 35, Red Bank
<b>Coping with Caregiver Stress</b> This program examines caregiver stress and offers coping strategies to become a healthier caregiver.	Tuesday, June 13 7 p.m. – 8 p.m.	Closter Public Library 280 High Street, Closter
<b>Healthy Aging: Tips for Your Body and Brain</b> Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Wednesday, June 14 3 p.m. – 4 p.m.	East Brunswick Public Library 2 Jean Walling Civic Center, East Brunswick
<b>Healthy Aging: Tips for Your Body and Brain</b> Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Wednesday, June 14 7 p.m. – 8:30 p.m.	Bernards Township Library 32 South Maple Avenue, Basking Ridge <i>Presented in coordination with the Bernards Township Health Department</i>
<b>Coping with Behavior Changes in Alzheimer's Disease</b> Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what those behaviors mean, and how to cope when behaviors are challenging.	Thursday, June 15 6:30 p.m. – 7:30 p.m.	Hackettstown Medical Center, Center for Healthier Living 108 Bilby Road, Suite 101, Hackettstown