

Community Education Program Schedule

These programs are free and open to the public, but pre-registration is required. **For more information, or to register please call 888-280-6055.** Dial extension 102 for information on cancellation or delays during inclement weather.

Visit www.alznj.org/services/education-and-training/ for the most current education program schedule.



Program	Date/Time	Location
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Thursday, March 16 6:30 p.m. – 7:30 p.m. RESCHEDULED TO MARCH 30	Montclair Public Library 50 S. Fullerton Avenue, Montclair
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Friday, March 17 10 a.m. – 11 a.m.	Presbyterian Church in Westfield 140 Mountain Ave, Westfield
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, March 21 9:30 a.m. – 11 a.m.	Union Chapel AME Church 209 Wainwright Street, Newark
Healthy Aging: Tips for Your Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Tuesday, March 21 1 p.m. – 2 p.m.	Englewood Public Library 31 Engle Street, Englewood

Program	Date/Time	Location
Coping with Behavior Changes in Alzheimer's Disease Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what those behaviors mean, and how to cope when behaviors are challenging.	Wednesday, March 22 10:30 a.m. – 11:30 a.m.	Ocean County Library, Jackson Branch 2 Jackson Drive, Jackson
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, March 22 11 a.m. – 12 p.m.	Paterson Public Library 250 Broadway, Paterson
Ocean County Caregiver Conference Alzheimer's Disease: Approaches to Care This half-day conference for caregivers will provide practical information about how to cope with the unique challenges of caring for someone with Alzheimer's disease.	Saturday, March 25 8:30 a.m. – 12:30 p.m.	The Family Resource Center at Meridian Fitness and Wellness 700 Route 9 South, West Creek, NJ
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, March 28 11 a.m. – 12 p.m.	Meridian Fitness & Wellness Center 1420 Route 36, Hazlet
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, March 28 2 p.m. – 3 p.m.	Ocean County Library, Plumsted Branch 19 Evergreen Road, New Egypt
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Tuesday, March 28 6 p.m. – 7 p.m.	The Dorothy B. Kraft Center at Valley Hospital 15 Essex Road, Paramus
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, March 29 12:30 p.m. – 1:30 p.m.	East Orange Family Success Center 60 Evergreen Place, Suite 307, East Orange

Program	Date/Time	Location
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Thursday, March 30 2 p.m. – 3 p.m.	Morris County Library 30 East Hanover Avenue, Whippany <i>Light refreshments will be provided by Seniors Helping Seniors Home Care Services.</i>
Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Thursday, March 30 6:30 p.m. – 7:30 p.m.	Montclair Public Library 50 S. Fullerton Avenue, Montclair
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Saturday, April 1 10:30 a.m. – 11:30 a.m.	JFK Adult Medical Day Program 3 Progress Street, Edison
Understanding Memory Loss This program explores the difference between normal age-related memory changes and changes that are associated with Alzheimer's disease and other forms of dementia, including some of the common warning signs.	Tuesday, April 4 1 p.m. – 2 p.m.	Holy Name Medical Center, Marion Hall, 718 Teaneck Road, Teaneck
Coping with Behavior Changes in Alzheimer's Disease Learn why people with Alzheimer's disease and other forms of dementia experience behavior changes, what those behaviors mean, and how to cope when behaviors are challenging.	Tuesday, April 4 7 p.m. – 8 p.m.	Ridgewood Public Library 125 N. Maple Avenue, Ridgewood
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, April 5 10 a.m. – 11 a.m.	Atrium Senior Living at Park Ridge 124 Noyes Drive, Park Ridge
Healthy Aging: Tips for Your Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Tuesday, April 11 11 a.m. – 12 p.m.	Ocean County Library, Waretown Branch 112 Main Street, Waretown

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Communication Tips and Techniques in Alzheimer's Disease As Alzheimer's disease progresses, people with the disease lose their ability to use words to communicate. Learn how to enhance communication at each stage of the disease.	Tuesday, April 11 3 p.m. – 4 p.m.	Ocean County Library, Upper Shores Branch 112 Jersey City Ave, Lavallette
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, April 19 12 p.m. – 1 p.m.	Hackettstown Medical Center, Center for Healthier Living 108 Bilby Road, Suite 101, Hackettstown
Alzheimer's 101 This program provides a comprehensive overview for anyone who wants to learn about memory loss, Alzheimer's disease, and other forms of dementia.	Wednesday, April 19 7 p.m. – 8 p.m.	Springfield Free Public Library 66 Mountain Avenue, Springfield
Healthy Aging: Tips for Your Body and Brain Learn about the latest research on how lifestyle factors may affect our physical and cognitive health and how to incorporate healthy habits into your daily routine.	Tuesday, April 25 10:30 a.m. – 12:00 p.m.	Bethany Baptist Church 275 West Market Street, Newark