



Family Support Group

Meeting Schedule

IMPORTANT NOTE: Please call the number listed for the group before attending as our support groups sometimes change. Support groups are free and open to the public.

Visit www.alznj.org/services/family-support-groups/ for the most current Support Group Schedule.



Bergen County

LOCATION	CONTACT	DAY	TIME	PHONE #
DUMONT				
Northern Valley Adult Day Health Center 2 Park Avenue Dumont, NJ 07628	Nancy Bortinger	Please call for dates and times.		201.385.4400 x3086
ORADELL				
Alzheimer's New Jersey 690 Kinderkamack Road, Suite 100 Oradell, NJ 07649	Elaine Winter	2 nd Monday	1:00pm	201.261.6009
PARAMUS				
Brookdale Assisted Living 186 Paramus Road Paramus, NJ 07652	Fred Meyer Vivian Green Korner	1 st Wednesday	7:00pm	201.797.3421
The Kraft Center (Valley Hospital) 15 Essex Road Paramus, NJ 07652	Meredith Deupree	2 nd Wednesday	7:00pm	888.280.6055
PARK RIDGE				
Atrium Senior Living at Park Ridge 124 Noyes Drive Park Ridge, NJ 07656	Cathy Ferrero	1 st Wednesday	10:00am	201.782.0440

Updated 2/20/17

973.586.4300
Helpline: 888.280.6055
www.alznj.org

LOCATION	CONTACT	DAY	TIME	PHONE #
ROCKLEIGH				
Jewish Home at Rockleigh 10 Link Drive Rockleigh, NJ 07647	Shelley Steiner	1 st Wednesday	10:00am	888.280.6055
TENAFLY				
JCC on the Palisades 411 East Clinton Ave. Tenaflly, NJ 07670	Judi Nahary Marlene Ceragno	2 nd Monday 4 th Tuesday	7:00pm 10:30am	201.569.7900
WYCKOFF				
Christian Health Care Center Building 1, Conference Room 301 Sicomac Avenue Wyckoff, NJ 07481	Kerri Sherer	1 st Tuesday	12:00pm	201.848.5830

Essex County

LOCATION	CONTACT	DAY	TIME	PHONE #
EAST ORANGE				
Park Crescent Health Care and Rehab Center 480 North Walnut Street East Orange, NJ 07017	Grace Ann Kelly	1 st Monday	5:00pm	973.674.2700 Ext. 2276
LIVINGSTON				
Jewish Family Service of MetroWest NJ 570 West Mount Pleasant Ave. Suite 106 Livingston, NJ 07039	Alyson Kaplan	Last Tuesday (No meeting in May 2017)	1:00pm	973.765.9050
VERONA				
The Boathouse at Verona Park Bloomfield Ave. & Lakeside Ave. Verona, NJ 07044	Ruth Rothbart Mayer	1 st and 3 rd Mondays	7:00pm	917.916.8002

LOCATION	CONTACT	DAY	TIME	PHONE #
WEST CALDWELL				
Crane's Mill Continuing Care Retirement Community Towne Square Conference Room 459 Passaic Avenue West Caldwell, NJ 07006	Claire Akselrad Nancy Hoerner	3 rd Tuesday	7:00pm	973.464.0595 973.276.3008

Hudson County

LOCATION	CONTACT	DAY	TIME	PHONE #
JERSEY CITY				
CarePoint Health - Christ Hospital (Staff Room A&B off the Main Lobby) 176 Palisade Ave. Jersey City, NJ 07306	Rosita McGovern	3 rd Tuesday	12:00pm	201.341.1310 (Nancy Aleman)

Hunterdon County

LOCATION	CONTACT	DAY	TIME	PHONE #
FLEMINGTON				
Hunterdon Regional Community Health Meeting Room C 215 Route 31 Flemington, NJ 08822	Kathy Mason	2 nd Wednesday	7:00pm	908.237.2364
LEBANON				
Lebanon Reformed Church Skunk House 18B Maple Street Lebanon, NJ 08833	Pam Molnar	3 rd Tuesday	1:30pm	908.268.1495

Mercer County

LOCATION	CONTACT	DAY	TIME	PHONE #
HAMILTON				
RWJ Fitness & Wellness Center 3100 Quakerbridge Road Hamilton, NJ 08619	Steve Guarino	3 rd Wednesday	6:00pm	609.396.6788
HOPEWELL				
Capital Health Medical Center – Hopewell (MCH Conference Room) One Capital Way Pennington, NJ 08534 <i>*Complimentary valet parking and refreshments are provided*</i>	Victoria Pena-Cardinali Lori Rahn	2 nd Tuesday	2:00pm	609.537.7157

Middlesex County

LOCATION	CONTACT	DAY	TIME	PHONE #
EDISON				
JFK Adult Medical Day Program 3 Progress Street Edison, NJ 08820	Mary Buglio Michelle Charme	1 st Saturday	10:30am	908.912.1910
COPSA (Spouses Support Group) 100 Metroplex Drive Edison, NJ 08820	Mary Catherine Lundquist	1 st and 3 rd Monday	9:30am	800.424.2494
HIGHLAND PARK				
Parker Adult Day Care 443 River Road Highland Park, NJ 08904	Samara Elias Kathleen Ostertag	2 nd Tuesday 3 rd Wednesday	7:00pm 2:00pm	732.565.2434
MONROE TOWNSHIP				
Monroe Senior Center 12 Halsey Reed Road Monroe Township, NJ 08831	Saswati Chakraborty Cheryl Basse	4 th Wednesday	2:00pm	609.860.8116 609.860.8157

LOCATION	CONTACT	DAY	TIME	PHONE #
MONROE TOWNSHIP				
Saint Peter's University Hospital Adult Day Program 200 Overlook Drive Monroe Township, NJ 08831	Rachel Kallish	2 nd Tuesday	10:00am	609.655.6853
PLAINSBORO				
University Medical Center of Princeton at Plainsboro Education Building – Classroom 1 1 Plainsboro Road Plainsboro, NJ 08536	Allison Healy	2 nd Wednesday (No meetings in July or August)	6:00pm	732.586.1481

Monmouth County

LOCATION	CONTACT	DAY	TIME	PHONE #
FREEHOLD				
Younger-Onset (Diagnosed age 65 or younger) CentraState Medical Center Tobias Ambulatory Campus, Conf. Room C 901 West Main Street Freehold, NJ 07728	Cathy Black Saswati Chakraborty	3 rd Saturday	10:00am	732.371.4383
LINCROFT				
Sunrise Assisted Living 734 Newman Springs Road Lincroft, NJ 07738	Linda Gelpke Sara Birk	3 rd Sunday	2:00pm	732.212.1910
MANALAPAN				
Chelsea at Manalapan 445 Rt. 9 South Manalapan, NJ 07726	Joanne Prospero	1 st Tuesday	6:00pm Light Dinner	732.972.6200
MARLBORO				
Marlboro Recreation Center 1996 Recreation Way Marlboro, NJ 07746	Suni Simon	2 nd Tuesday*	12:30pm	732.617.0367 Denise Barry

*NOTE: This group will meet in April on the 3rd Tuesday: **April 18.**

LOCATION	CONTACT	DAY	TIME	PHONE #
RED BANK				
We Care Adult Care Union Square Plaza 552A Highway 35 South Red Bank, NJ 07701	Kelli Desmond	2 nd Tuesday	10:00am	732.741.7363
TINTON FALLS				
Chelsea at Tinton Falls 1 Hartford Drive Tinton Falls, NJ 07701	Carol Kezel	4 th Thursday*	6:00pm	732.933.4700
WALL				
Allaire Care 1979 Route 34 South Wall, NJ 07719	Ellin North	Last Thursday	6:00pm	732.974.7666

*NOTE: There will be **no meeting** for the Tinton Falls group in **February 2017**.

Morris County

LOCATION	CONTACT	DAY	TIME	PHONE #
BOONTON				
Friendship House at St. Clare's Boonton Campus Executive Dining Room 130 Powerville Road Boonton, NJ 07705	Mayelin Ravello	3 rd Wednesday	3:00pm	973.451.4152
DENVILLE				
Alzheimer's New Jersey 400 Morris Avenue, Suite 251 Denville, NJ 07834	Meredith Deupree	4 th Monday	10:00am	973.586.4300
MORRISTOWN				
Male Caregivers Group 111 Madison Ave (4 th Floor Conference Room) Morristown, NJ 07962	Peter Flemming	1 st Thursday	7:00pm	973.214.1572

LOCATION	CONTACT	DAY	TIME	PHONE #
MORRISTOWN				
Younger-Onset (<i>Diagnosed age 65 or younger</i>) Morristown Medical Center – Outpatient Medicine (3 rd Floor Conference Room) 435 South Street Morristown, NJ 07960	Suzanne Lyon Kerry Jordan	1 st Saturday (2 nd Saturday in April, July & September)	9:30am	973.580.0697
POMPTON PLAINS				
First Reformed Church 529 Newark-Pompton Turnpike Pompton Plains, NJ 07444	Eileen Port	2 nd Wednesday (No meetings July, August)	7:00pm	973.831.5367
ROCKAWAY				
Morristown Medical Center Health Pavilion (3 rd Floor Conference Room) 333 Mt. Hope Avenue Rockaway, NJ 07866	Siobhan Flynn- Higgins	Last Thursday	1:00pm	973.765.9050
WHIPPANY				
Arden Courts of Whippany 18 Eden Lane Whippany, NJ 07981	Vivian Green Korner	2 nd Wednesday	1:00pm	973.581.1800

Ocean County

LOCATION	CONTACT	DAY	TIME	PHONE #
BRICK				
Senior Care of Brick 2125 Route 88 Brick, NJ 08724	Jane Kirby Karen Donnelly	2 nd Thursday	6:30pm	908.309.2583 732.899.1331
JACKSON				
Ocean County Library – Jackson Branch 2 Jackson Drive Jackson, NJ 08527	Linda Lafer	2 nd and 4 th Wednesdays*	10:00am	973.586.4300

*NOTE: The Jackson group will only have one meeting in June 2017 – **June 28**.

LOCATION	CONTACT	DAY	TIME	PHONE #
TOMS RIVER				
Holiday Care Center 4 Plaza Drive Toms River, NJ 08757	Jamie Hoagland	2 nd Thursday	10:30am	732.240.0900
TOMS RIVER				
Visiting HomeCare Service of Ocean County A Friend's House Conference Room 105 Sunset Avenue Toms River, NJ 08755	Michele Mahieu	3 rd Monday April, June, Aug, Oct, Dec.	11:00am	732.244.5565
WEST CREEK				
Meridian Fitness & Wellness Center 700 Route 9 South West Creek, NJ 08092	Debra Shar	1 st Monday	1:00pm	609.978.3574
WHITING				
AristaCare 23 Schoolhouse Road Whiting, NJ 08759	Melinda McGullam Ariadne DeMarco	1 st Wednesday	10:00am	732.849.4300
WHITING				
The Pines at Whiting 509 Rt. 530 Whiting, NJ 08759	Jane Kirby	1 st Friday	1:30pm	908.309.2583

Passaic County

LOCATION	CONTACT	DAY	TIME	PHONE #
CLIFTON				
Daughters of Miriam 155 Hazel Street Clifton, NJ 07011	Michele Panico Caitlyn Winkler	3 rd Thursday	2:00pm	973.253.5328 973.253.5738
WAYNE				
Christian Health Care Center of Wayne 478 Valley Road Wayne, NJ 07470	Aimee Restifo	2 nd Wednesday	1:00pm	973.305.9155

Somerset County

LOCATION	CONTACT	DAY	TIME	PHONE #
HILLSBOROUGH				
The Avalon A.L. Residence 393 Amwell Rd. Hillsborough, NJ 08844	Laura Cardillo	1 st Monday	5:00pm	908.874.7200
Brookdale Hillsborough 600 Auten Road Hillsborough, NJ 08844	Lauren DuBeau	3 rd Wednesday	7:00pm	908.431.1300
RWJ Physician Enterprise Urgent Care 751 Route 206, Suite 100 (between Homestead Road and Raider Blvd.) Hillsborough, NJ 08844	Denise Goldstein	3 rd Tuesday	1:00pm	732.563.9056

Sussex County

LOCATION	CONTACT	DAY	TIME	PHONE #
NEWTON				
Newton Medical Center Romano Conference and Education Center, Room 100 175 High Street Newton, NJ 07860	Barbara Van Nortwick	4 th Saturday	10:00am	973.579.8600
SPARTA				
Knoll Heights Senior Center 40 Trapasso Drive Sparta, NJ 07871	Donna Green Lisa Reidinger	3 rd Tuesday*	5:30pm	973.729.4311

*NOTE: The Sparta group will not be meeting in **March 2017**.

Union County

LOCATION	CONTACT	DAY	TIME	PHONE #
CRANFORD				
Cranford Senior Housing Lincoln Building 800 Lincoln Ave East Cranford, NJ 07016	Ellen Cohen Anna Lee Bachtell	1 st Wednesday	7:00pm	973.586.4300
ELIZABETH				
Jewish Family Services Cafe Europa/Library Room 655 Westfield Avenue Elizabeth, NJ 07208	Alice Greenberg- Sheedy	1 st Friday	1:00pm	908.352.8375
SUMMIT				
Overlook Medical Center 99 Beauvoir Avenue at Sylvan Rd. Summit, NJ 07902	Laura Holly-Dierbach	4 th Thursday	7:00pm	973.845.6777
Sage Eldercare 290 Broad St. Summit, NJ 07901	Kathy Larkin	4 th Tuesday	10:00am	908.598.5509

LOCATION	CONTACT	DAY	TIME	PHONE #
UNION				
WISE Adult Day Services United Methodist Church 2095 B Berwyn St. Union, NJ 07083	Kerry Jordan Susan Butler	3 rd Wednesday	6:00pm	908.687.2995
WESTFIELD				
Presbyterian Church in Westfield 140 Mountain Avenue Westfield, NJ 07090	Alice Greenberg-Sheedy	3 rd Friday	10:00am	908.352.8375

Warren County

LOCATION	CONTACT	DAY	TIME	PHONE #
PHILLIPSBURG				
“The Comfort Zone” St. Luke’s Warren Campus Hillcrest Plaza, Building 302 755 Memorial Parkway Phillipsburg, NJ 08865	Anne Grogan	3 rd Saturday	11:00am	908.847.6722