

Alzheimer's New Jersey

presents

Alzheimer's Disease: Approaches to Care Ocean County Caregiver Conference

The Family Resource Center at Meridian Fitness and Wellness

700 Route 9 South, West Creek, NJ 08092

**Saturday, March 25, 2017
8:30 a.m. – 12:30 p.m.**

Caregivers face many complex issues while providing care for loved ones with Alzheimer's disease and other forms of dementia. This half-day conference for caregivers will provide practical information about how to cope with the unique challenges of caring for someone with Alzheimer's disease. The conference will include an overview of Alzheimer's, including medication and care considerations, and a session detailing legal and financial planning. Attendees will also learn tips on how to respond to changes in behavior when a loved one has dementia.

A light breakfast will be provided.

Presented with



OCEAN COUNTY
OFFICE OF SENIOR SERVICES

AGENDA

Alzheimer's Dementia: What is New and Upcoming

Tommasina Papa-Rugino, MD
Chief, Neurology Division,
Southern Ocean Medical Center

Responding to Behavior Changes in Alzheimer's Disease

Laura Hawkins, MSW, LSW
Director, Program Outreach
Alzheimer's New Jersey

How Do I Get Relief?

Respite Resources for Caregivers

Jane Walling, RN
Care Coordinator,
Ocean County Office of Senior Services

Navigating the Muddy Waters of Caregiving

Genevieve Bishop, Esq.
Bishop Law Office
Elder Law and Estate Planning

Self-Care Techniques

Debra Shar, RN, BSN
Community Outreach Coordinator,
Hackensack Meridian Health

The conference is free, but registration is required. Please register as soon as possible by calling Alzheimer's New Jersey: **1-888-280-6055**.